Books for Children

Who Are You?: The Kid’s Guide to Gender Identity
Brook Pessin-Whedbee

This brightly illustrated children’s book provides a straightforward introduction to gender for anyone aged 4+. It presents clear and direct language for understanding and talking about how we experience gender: our bodies, our expression and our identity. An interactive three-layered wheel included in the book is a simple, yet powerful, tool to clearly demonstrate the difference between our body, how we express ourselves through our clothes and hobbies, and our gender identity.

Are You a Boy or Are You a Girl?
Sarah Savage

Tiny loves costumes! Tiny likes to dress up as an animal, or a doctor, or a butterfly. Tiny also prefers not to tell other children whether they are a boy or a girl. Tiny’s friends don’t mind, but when Tiny starts a new school their new friends can’t help asking one question: “Tiny, are you a boy or are you a girl?” This brightly illustrated book will open a dialogue with children aged 3+ about gender diversity in a fun and creative way.

This Day In June
Gayle Pitman

In a wildly whimsical, validating, and exuberant reflection of the LGBT community, This Day In June welcomes readers to experience a pride celebration and share in a day when we are all united. Also included is a Reading Guide chock-full of facts about LGBT history and culture, as well as a Note to Parents and Caregivers with information on how to talk to children about sexual orientation and gender identity in age-appropriate ways. Ages 4-8 years.

He’s Always Been My Son: A Mother’s Story about Raising Her Transgender Son
Janna Barkin

Janna Barkin’s family has come a long way since their child, Amaya, first told them he was a boy and not a girl and this captivating memoir charts the family’s experiences of raising Amaya, from birth through to adulthood. With powerful chapters written by Amaya’s family and friends, Janna shares personal stories of the support and discoveries her family has encountered and provides a ‘care package’ of advice for families facing similar issues, including a glossary of transgender terms and a list of hand-picked support sources.
Ever since they were young, Peggy Cryden noticed her children's gender expression did not correspond with society's expectations of their biological gender. In this moving and honest memoir, Peggy details the experiences and challenges of raising both a gay son and a gay, transgender son and shares her family's journey of adversity and growth, which has helped inform her work as a psychotherapist.

Beyond Trans: Does Gender Matter?
Heath Davis
Hbk  |  208pp  |  9781479855407  |  6/04/2017  |  RRP (inc GST) A$45.99  |  NZ$54.99

*Beyond Trans* pushes the conversation on gender identity to its limits. Whether on birth certificates or college admissions applications or on bathroom doors, why do we need to mark people and places with sex categories? Do they serve a real purpose or are these places and forms just mechanisms of exclusion? Heath Fogg Davis offers an impassioned call to rethink the usefulness of dividing the world into not just Male and Female categories but even additional categories of Transgender and gender fluid.

Transgender 101: A Simple Guide to a Complex Issue
Nicholas M Teich
Pbk  |  160pp  |  9780231157131  |  20/03/2012  |  RRP (inc GST) A$35.99  |  NZ$41.99

Written by a social worker, popular educator, and transgender man, this well-rounded resource combines an accessible portrait of transgenderism with a rich history of transgender life and unique experiences of discrimination. The first guide to treat transgenderism as a distinct topic of study, this text moves beyond mere anecdote and recommendations for clinical practice to legitimize transgenderism in society and culture. Chapters introduce transgenderism and its psychological, physical, and social processes.

How to Understand Your Gender: A Practical Guide for Exploring Who You Are
Alex Iantaffi and Meg-John Barker
Pbk  |  288pp  |  9781785927461  |  21/09/2017  |  RRP (inc GST) A$34.99  |  NZ$44.99

Have you ever questioned your own gender identity? Do you know somebody who is transgender or who identifies as non-binary? Do you ever feel confused when people talk about gender diversity? This down-to-earth guide is for anybody who wants to know more about gender, from its biology, history and sociology, to how it plays a role in our relationships and interactions with family, friends, partners and strangers.
Homintern: How Gay Culture Liberated the Modern World

Gregory Woods
Yale University Press

In a hugely ambitious study which crosses continents, languages, and almost a century, Gregory Woods identifies the ways in which homosexuality has helped shape Western culture. Extending from the trials of Oscar Wilde to the gay liberation era, this book examines a period in which increased visibility made acceptance of homosexuality one of the measures of modernity.

Your Special Price
A$28 | NZ$32

Transitioning Together: One Couple's Journey of Gender and Identity Discovery

Wenn Lawson and Beatrice Lawson
Pbk | 216pp | 9781785921032 | 21/02/2017 | RRP (inc GST) A$29.99 | NZ$37.99
Jessica Kingsley Publishing

This is the story of a long-lasting relationship, surviving against the odds. It is the story of Wenn and Beatrice Lawson, born almost twelve years apart in different countries with different cultures, who were both assigned female at birth. After nineteen years of marriage and four children, Wenn entered a same-sex relationship with Beatrice. Little did Beatrice know that twenty-two years later, Wenn would transition from female to male. This unique and honest memoir tells the story of Wenn’s transition and Beatrice’s journey alongside him.

Your Special Price
A$25 | NZ$32


Jo Green
Jessica Kingsley Publishing

A common myth is that relationships always end when a partner chooses to transition. However, by providing first-hand accounts and vignettes of successful partnerships, this book dispels this unrealistic concept. It presents detailed descriptions of everything involved in the transition process including disclosure, mental health, coming out, loss and grief, sexuality and the legal and social practicalities. Trans partners from across the transgender spectrum speak out on their own experiences with personal advice and support for others.

Your Special Price
A$21 | NZ$25

Trans Voices: Becoming Who You Are

Declan Henry
Pbk | 232pp | 9781785922404 | 1/02/2017 | RRP (inc GST) A$29.99 | NZ$37.99
Jessica Kingsley Publishing

In this enlightening book, you can hear the voices of those who have decided to undergo the transition process and become who they really believe they are. Drawing on over one hundred interviews with individuals, this book details the diverse experiences and challenges faced by those who transition - both male-to-female and female-to-male - exploring a range of topics such as hormone treatments, reassignment surgeries, coming out, sex and sexuality, physical, emotional and mental health and transphobia, discrimination and hate crime.

Your Special Price
A$25 | NZ$32

First Year Out: A Transition Story

Sabrina Symington
Hbk | 128pp | 9781785922589 | 1/01/2018 | RRP (inc GST) A$32.99 | NZ$39.99
Jessica Kingsley Publishing

From laser hair removal and coming out to her parents, through to dating, voice training and gender reassignment surgery, this intimate and witty graphic novel follows the character of Lily as she transitions to living as her true, female self. Providing support and guidance on a range of issues such as hormones, medical procedures and relationships, the story traces the everyday thoughts, emotions and struggles many trans and non-binary people face and seeks to empower those who are starting to question their gender.

Your Special Price
A$28 | NZ$33

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Transgender

Can I tell you about Gender Diversity?: A guide for friends, family and professionals
C J Atkinson
Pbk | 64pp | 9781785921056 | 1/02/2017 | RRP (inc GST) A$19.99 | NZ$19.99
Meet Kit - a 12 year old undergoing medical transition - as he talks about gender and the different ways it can be explored. He explains what it is like to transition and how his friends, family and teachers can help through talking, listening and being proactive. With illustrations throughout, this is an ideal way to start conversations about gender diversity in the classroom or at home.

The Voice Book for Trans and Non-Binary People: A Practical Guide to Creating and Sustaining Authentic Voice and Communication
Matthew Mills and Gillie Stoneham
Pbk | 224pp | 9781785921285 | 1/06/2017 | RRP (inc GST) A$35.99 | NZ$42.99
Written by two specialist speech and language therapists, this book explains how voice and communication therapy can help transgender and non-binary people to find their authentic voice. It gives a thorough account of the process, from understanding the vocal mechanism through to assimilating new vocal skills and new vocal identity into everyday situations, and includes exercises to change pitch, resonance and intonation.

To My Trans Sisters
Charlie Craggs
Dedicated to trans women everywhere, this inspirational collection of letters written by successful trans women shares the lessons they learnt on their journeys to womanhood, celebrating their achievements and empowering the next generation to become who they truly are. Written by politicians, scientists, models, athletes, authors, actresses, and activists from around the world, these letters capture the diversity of the trans experience and offer advice from make-up and dating through to fighting dysphoria and transphobia.

Counseling Transgender and Non-Binary Youth: The Essential Guide
Irwin Krieger
Pbk | 248pp | 9781785927430 | 21/07/2017 | RRP (inc GST) A$46.99 | NZ$55.99
There are growing numbers of youth who identify as transgender, and as a result, clinicians and counselors are in need of an informed resource that covers the basics of gender identity and expression. This book responds to that need by setting out clear advice and support on working with transgender and non-binary youth with regard to their identity, mental health, personal and family life and their medical and social transition as well as offering additional resources and reading lists.

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