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**Intervention**

**Advanced Practice Psychiatric Nursing: Integrating Psychotherapy, Psychopharmacology, and Complementary and Alternative Approaches Across the Life Span 2ed - Kathleen Tusiea and Joyce Fitzpatrick**

Pbk | 768pp | 9780826132536 | 01-Nov-16 | RRP (inc GST) | A$169 | NZ$197

Now in its second edition, this groundbreaking text and reference continues to be the only resource for APRNs to focus on integrative interventions for individuals with mental health problems across the lifespan. Combining theory and practice, it provides a clear framework for integrating psychopharmacology, psychotherapy, and Complementary and Alternative Medicine (CAM) into advanced practice nursing. The second edition is thoroughly updated to reflect current research, new classifications in DSM 5, genetic testing, and increased use of telehealth. It builds upon its lifespan focus and updates quick-access pediatric pointers and aging alerts. Additionally, the resource incorporates the 2014 publication of the ANA Scope and Standards of Practice for Psychiatric Nurses, offers a new

**Physical Care**

**Physical Healthcare and Promotion in Mental Health Nursing - Stan Mutsatsa**

Pbk | 248pp | 9781446268186 | 01-Mar-15 | RRP (inc GST) | A$61 | NZ$71

It is essential for mental health nurses to understand the physical health needs of people with mental health disorders in order to provide holistic care. Yet these people often have their physical health needs unrecognised or poorly managed. This text is a practical and informative guide to the physical health care of people with mental health illnesses. It covers a range of health-promotion strategies, including exercise, diet and oral health, and assessment, intervention and skills for common physical disorders found in people with mental-health problems.

**Practice Management**

**Clinical Consult to Psychiatric Nursing for Advanced Practice - Jacqueline Rhoads and Patrick Murphy**

Pbk | 648pp | 9780826195951 | 28-Jul-14 | RRP (inc GST) | A$89 | NZ$104

This is the only advanced practice guide to provide an overview of the major DSM-5 disorders across the lifespan and complete clinical guidelines for their psychopharmacologic management. It has been compiled by expert practitioners in psychiatric care and is designed for use by nurse practitioners and other primary caregivers in clinical practice. The guide is organised in an easy-to-access format with disorders for which drugs can play a significant therapeutic role. The listing for each disorder includes clinical features and symptoms, as well as information about the most current and effective drugs for management.

**Psychiatry**

**Psychiatric-Mental Health Nursing: An Interpersonal Approach 2ed - Jeffrey Jones, Vickie Rogers and Joyce Fitzpatrick**

Pbk | 692pp | 9780826131287 | 01-Apr-16 | RRP (inc GST) | A$136 | NZ$157

Thoroughly updated to correlate with DSM 5 diagnostic descriptions and QSEN guidelines, the second edition of this highly acclaimed undergraduate psychiatric nursing text features concrete strategies for establishing interpersonal relationships as the basis not only for working with the psychiatric patient population, but as a timeless foundation for all nursing practice. The text guides students through the essential phases of self-discovery necessary to integrate interpersonal nursing theory into practice.

**Psychopharmacology**

**Medicines Management in Mental Health Nursing 2ed - Stan Mutsatsa**

Pbk | 312pp | 9781473914285 | 14-Jan-17 | RRP (inc GST) | A$62 | NZ$72

Medicines are a crucial part of the jigsaw when considering how to provide recovery-focussed care in mental health. It is important that mental health nurses understand how psychiatric drugs work, what the common treatments are and appreciate the ethical and legal dimensions that affect how medicines can and should be used in mental health care. Using innovative activities and real-life case studies, this book has been carefully designed to provide all this and more making it the ideal resource to build knowledge and confidence in this crucial area of practice.

Part of the Transforming Nursing Practice Series.
Critical Thinking and Reflection for Mental Health Nursing Students  Marc Roberts
Pbk | 160pp | 9781473913127 | 01-Dec-15 | RRP (inc GST) | A$44.99 | NZ$51.99
Sage Publications Ltd
Your Special Price
A$38 | NZ$44
The ability to reflect critically is a vital nursing skill. It will help your students to make better decisions, avoid errors, identify good and bad forms of practice and become better at learning from their experiences. The challenges they will face as a mental health nurse are complex so this book breaks things down to the foundations helping them to build critical thinking and reflection skills from the ground up.

Theories for Mental Health Nursing: A Guide for Practice  Theo Stickley and Nicola Wright
Pbk | 392pp | 9781446257401 | 30-Nov-13 | RRP (inc GST) | A$73 | NZ$85
Sage Publications Ltd
Your Special Price
A$62 | NZ$72
Theories for Mental Health Nursing is the first textbook to directly address the key theories that inform the study and practice of mental health nursing and health care in the 21st century. Taking a broad approach to mental health, the authors explain why different approaches might be adopted at different times, before going on to show how they should be applied in practice. An ideal learning tool for mental health nurses, the book includes learning objectives, case studies and reflective summaries to help you get to grips with the topic.

Hugging Tree: A Story About Resilience  Jill Neimark
Magination Press
Your Special Price
A$16 | NZ$16
The Hugging Tree tells the story of a little tree growing all alone on a cliff, by a vast and mighty sea. Through thundering storms and the cold of winter, the tree holds fast. Sustained by the natural world and the kindness and compassion of one little boy, eventually the tree grows until it can hold and shelter others. The resilience of the Hugging Tree calls to mind the potential in all of us: to thrive, despite times of struggle and difficulty. To nurture the little spark of hope and resolve. To dream and to grow, just where we are.

Some Bunny To Talk To: A Story About Going to Therapy  Cheryl Sterling, Paola Conte and Larissa Labay
Magination Press
Your Special Price
A$16 | NZ$16
Some Bunny To Talk To presents therapy in a way that is simple, direct, and easy for young children to understand. Children will hear about what to expect from therapy and how therapists are very good at helping kids to solve problems. They will learn about the ins and outs of therapy and that therapy can be a positive and helpful experience! Included is a Note to Parents and Caregivers that outlines how best to support children in therapy and what to do to pave the way for a positive therapy experience. Age Range: 4-8 years.

How Do You Doodle? Drawing My Feelings and Emotions  Elise Gravel
Pbk | 96pp | 9781433812910 | 15-Apr-13 | RRP (inc GST) | A$27.99 | NZ$29.99
Magination Press
Your Special Price
A$23 | NZ$25
How Do You Doodle? is a drawing book for kids to help them get in touch with and learn to express their emotions. The book is divided up into different fun doodle activities such as name your feelings, what do you feel when, and how does it feel when to help readers start thinking about what they experience when they are feeling an emotion. How do You Doodle? can be used alone, or in association with a therapist or parent to help kids better realise and understand their emotional responses to situations, and to help promote better emotional health. A "Note to Parents" is included. Age range 6-10 years.
Move Your Mood! Brenda Miles and Colleen Patterson

Hbk | 32pp | 9781433821127 | 01-May-16 | RRP (inc GST) A$27.99 | NZ$32.99
Magination Press

Feeling blah? Here’s what to do. Move your body and your mood moves too! Move Your Mood! invites kids and adults to twist, wiggle, shake, hop...and smile! Reading this book with your child is an active and fun way to teach your child about emotions, and introduce the idea that moving our bodies affects the way we feel inside. Ready to start feeling better? Move and groove your way into a better mood! Includes a Note to Parents, Caregivers, and Teachers with suggestions for how to use the book with your child, and additional ideas for teaching your child about emotions. Age Range: 4-8 years.

Emotions!: Making Sense of Your Feelings Mary C Lamia

Pbk | 192pp | 9781433811937 | 01-Aug-12 | RRP (inc GST) A$32.99 | NZ$37.99
Magination Press

Emotions affect motivation, self-awareness, social relationships, decision-making, self-control, and your ability to achieve goals. Yet many young adults have little understanding about how emotions actually manifest in daily life. In this book, clinical psychologist Mary Lamia breaks down individual emotions such as shame, anger, hope, and happiness and shows teens where each emotion originates, how it makes you feel physically and mentally, and what you can do about it if it feels too big or out of control.

Danny and the Blue Cloud: Coping With Childhood Depression James Foley

Hbk | 32pp | 9781433821035 | 01-Apr-16 | RRP (inc GST) A$27.99 | NZ$32.99
Magination Press

Danny was born under a blue cloud. He didn’t know why, but sometimes the cloud made him cry. Some days he didn’t want to get out of bed. Some days he was one big GROWL! With the help of Barnaby the rabbit, Danny learns to think more helpful thoughts, feel better about himself, and dance his way into a better mood! He practices Barnaby’s “Feel-Good Rules” until his cloud turns lighter and brighter. Eventually, Danny learns that he has the power to turn even the biggest, bluest cloud into a beautiful rainbow! Age Range: 4-8 years.

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