The CBT Art Workbook for Coping with Depression

JENNIFER GUEST

Using the principles of CBT, these illustrated worksheets help clients to understand and manage their symptoms of depression. The activities follow the framework of a typical CBT course: how it works, looking at the nature of depression, linking thoughts, feelings, behaviour and physiology cycles, exploring different levels of thinking and beliefs, and identifying goals and future planning. It presents these theories in an accessible way so that clients are familiar with the foundations of CBT they will be using in the worksheets. They can complete them by writing or drawing, alongside the opportunity to colour in parts of the pages as they consider ideas. 150 black and white illustrated information and worksheets.

CBT Art Workbooks for Mental and Emotional Wellbeing Series.

Minding Emotions: Cultivating Mentalization in Psychotherapy

ELLIOIT JURIST

Mentalization—the effort to make sense of our own and others’ actions, behavior, and internal states—is something we all do. And it is a capacity that all psychotherapies aim to improve: the better we are at mentalizing, the more resilient and flexible we tend to be. This concise, engaging book offers a brief overview of mentalization in psychotherapy, focusing on how to help patients understand and reflect on their emotional experiences. Elliot Jurist integrates cognitive science research and psychoanalytic theory to break down “mentalized affectivity” into discrete processes that therapists can cultivate in session.

Psychoanalysis and Psychological Science Series.

Expanding the Category “Human”: Nonhumanism, Posthumanism, and Humanistic Psychology

PATRICK M. WHITEHEAD

The climate within the discipline of psychology has changed considerably since the middle of the twentieth century. More specifically, what it means to be a human has changed. In Expanding the Category “Human”: Nonhumanism, Posthumanism, and Humanistic Psychology, Patrick M. Whitehead argues that the metaphysical problems that psychologists faced sixty years ago are not the same ones they face today. Humanistic psychologists could once choose to protect the integrity of human beings as well as to engage in open inquiry and accept all human beings, but Whitehead contends that a choice between the two must now be made.

Positive Psychology: The Science of Well-Being

JOHN M. ZELENSKI

Positive Psychology brings together a range of research and a comprehensive review of the more recent work and lessons learned since the founder’s original vision of this field. Organised into five sections: An Introduction, Positive Experiences, Personality Processes, External Influences, and Applications, this text provides a thorough introduction to an interesting and challenging area in Psychology. With a final look at the future of Positive Psychology, and its potential to inform social change and how useful this knowledge can be when considering the well-being of entire societies, this text is an enlightening read and invaluable resources for students.
ALTERNATIVE HEALTH

Compassionate Mindful Inquiry in Therapeutic Practice: A Practical Guide for Mindfulness Teachers, Yoga Teachers and Allied Health Professionals

KAREN ATKINSON

This hands-on manual clearly depicts the relationship between mindfulness and compassion, demonstrating how one supports the other. The book offers a fresh perspective on mindfulness with a human approach and helps practitioners to validate their work by giving a sense of grounding and direction, and providing a safe, appropriate and transformative process in which to conduct inquiry. Including chapters on the meaning of Compassionate Mindful Inquiry and the Model of Inquiry, Atkinson facilitates transformational change and offers guidance for those incorporating mindfulness teaching into their own professional practice.

Pbk  | 192pp  | 9781787751750  | 2020.01
Singing Dragon  | A$39.99  | NZ$44.99
229x152mm  | UK

Restoring Prana: A Therapeutic Guide to Pranayama and Healing Through the Breath for Yoga Therapists, Yoga Teachers and Healthcare Practitioners

ROBIN L. ROTHENBERG

One of the most common issues clients face is lack of energy, vitality or prana and this book presents a simple yet revolutionary breathing approach to restore balance. Grounded in the yogic teachings, this text introduces the Buteyko breathing method as a more contemporary way of understanding the original intention of pranayama. Through extensive research, Robin Rothenberg establishes that, as with Dr. Buteyko’s breath retraining technique, the ancient yogis prescribed breathing less not more. Vedic science and physiology are broken down and explained in accessible ways. The book presents a new understanding and application of breathing to address a wide range of ailments, including COPD, asthma, hay-fever, autoimmune disorders, anxiety, sleep apnoea and neurological conditions. 44 black and white images and 188 black and white photos.

Pbk  | 400pp  | 9781848194014  | 2019.12
Singing Dragon  | A$69.99  | NZ$76.99
254x178mm  | UK

Structural Energetics in Zero Balancing Bodywork

ALAN HEXT

Written by a well-established teacher of the practice, this guide to the mind-body therapy Zero Balancing is aimed at bodyworkers and all complementary medicine practitioners who work with qi. Zero Balancing uses hands-on conscious touch to address the relationship between energy and the structures of the body and clears blocks in energy flow to allow greater postural alignment and vitality. Rooting the esoteric aspects of qi and energy in a practical bodywork approach, the book is essential reading for any practitioner wishing to develop their awareness skills and access the world of energy medicine.

Pbk  | 208pp  | 9781848193758  | 2019.12
Singing Dragon  | A$49.99  | NZ$59.99
229x152mm  | UK

ALTERNATIVE MEDICINE

Evidence-based Clinical Chinese Medicine - Volume 16: Atopic Dermatitis

CHARLIE CHANGLI XUE AND CHUANJIAN LU

The authors use evidence-based medicine principles and scientific techniques to review the current state of evidence from clinical studies of Chinese herbal medicine, acupuncture, and combinations of these therapies. Attention is given to studies evaluating these therapies used as an adjunct to conventional treatments. The authors summarise the results of analyses of clinical outcomes and discuss their implications for clinical practice of Chinese medicine and for future research.

Charlie Changli Xue and Meaghan Coyle are both at RMIT University.

Evidence-based Clinical Chinese Medicine Series.

Hbk  | 304pp  | 9789811206115  | 2019.11
World Scientific  | A$89  | NZ$109
USA

The Herbal Lexicon: In 10 Languages

KATE KOUTROUBOUSSIS

This book’s aim is to help the herbal traveller, from students to professional biologists in the field, herbal retailers and wholesalers, people living away from their own country and medical herbalists. The author mainly focuses on herbs which grow in Europe and the Mediterranean but has included some from the rest of the world which are commonly used in Europe. Part One consists of the Latin names, numbered and in alphabetical order, and under each heading you will find the plant’s name in several languages. Part Two comprises the different languages in index form and beside each entry the number for the Latin names which are in part one.

Pbk  | 304pp  | 9781911597957  | 2019.06
Aeon Books  | A$52.99  | NZ$63
230x147mm  | UK


TONY OSGOOD

This highly practical book is an accessible and grounded handbook for addressing challenging behaviour in children and adults with intellectual or developmental disabilities (IDD), including autism. It recognises that challenging behaviour does not appear out of nowhere and is meaningful for the person exhibiting it. Focusing on a person-centred approach throughout, the book has advice and strategies for working with the client’s families, support staff and professionals. 70 boxes, tables and figures.

Pbk  | 240pp  | 9781787751323  | 2019.11
Jessica Kingsley Publishers  | A$37.99  | NZ$44.99
216x138mm  | UK

ASD

www.footprint.com.au
Cognitive Behavior Therapy for OCD in Youth: A Step-by-Step Guide

MICHAEL A. TOMPKINS, DANIELA J. OWEN, NICOLE H. SHILOFF AND LITSA R. TANNER

This step-by-step guide provides mental health professionals with an adaptable, evidence-based model that uses cognitive behavior therapy to treat pediatric OCD. The authors present strategies that encourage clinical flexibility and creativity. Chapters describe assessment, case conceptualization, and treatment planning, as well as psychoeducation, pharmacotherapy, strategies for relapse prevention, and involving family members in treatment. Richly described case studies illustrate how core strategies can be effectively implemented with youth between the ages of 7 to 18.

Treatment of Borderline Personality Disorder: A Guide to Evidence-Based Practice 2ed

JOEL PARIS

Acclaimed for its wisdom and no-nonsense style, this authoritative guide has now been revised and expanded with 50% new content reflecting a decade of advances in the field. Distinguished psychiatrist Joel Paris distills current knowledge about borderline personality disorder (BPD) and reviews what works in diagnosis and treatment. Paris guides therapists to flexibly interweave a range of evidence-based strategies, within a stepped-care framework. The book presents “dos and don’ts” for engaging patients with BPD, building emotion regulation and impulse control skills, working with family members, and managing suicidality and other crises.

Handbook of Obesity Treatment 2ed

THOMAS A. WADDEN AND GEORGE A. BRAY

This leading clinical reference work in the field—now significantly revised with 85% new material—gives practitioners and students a comprehensive understanding of the causes, consequences, and management of adult and childhood obesity. In concise, extensively referenced chapters from preeminent authorities, the Handbook presents foundational knowledge and reviews evidence-based psychosocial and lifestyle interventions as well as pharmacological and surgical treatments. It provides guidelines for conducting psychosocial and medical assessments and for developing individualized treatment plans.
COUNSELLING

Addictions Counseling Today: Substances and Addictive Behaviors
KEVIN G. ALDERSON

Enlightening and practical, Addictions Counseling Today invites readers into the heart of addictive thinking, offering first-person accounts of what it is like to experience different addictions. The text covers the range of addictions from alcohol, drug abuse, and nicotine to various process addictions, including sex, internet, gaming, social media, and gambling. Also included are the various theories and models of addiction, with a unique chapter on the neuroscience of addiction. Focusing on the new DSM-V classifications for addiction with an emphasis on CACREP and treatment, this provocative, contemporary text is an essential reference for readers wanting to gain a deeper understanding of those with addiction.

CREATIVE THERAPY

Living Well with Dementia through Music: A Resource Book for Activities Providers and Care Staff
CATHERINE RICHARDS

Music is an essential tool in dementia care. This accessible guide embraces ways in which music can enhance the daily lives of those with dementia. It draws on the expertise of practitioners regularly working in dementia settings, as well as incorporating research on people with dementia, to help anyone, whether or not they have any musical skills or experience, to successfully use music in dementia care.

Mentalizing in Group Art Therapy: Interventions for Emerging Adults
KULA MOORE AND KATE MARDER

By creating a therapeutic outlet for processing and self-expression, art therapy is an especially effective way to help emerging adults to develop their mentalizing faculty. With an 8-week syllabus, this professional guide provides detailed directives on putting mentalizing-based arts interventions into clinical practice with those aged 18-30, in a group or individual setting. With a specific focus on the differences in treating this age group, and case examples to demonstrate how art therapy interventions enhance mentalizing, this guide is an ideal resource for all professional art therapists looking to utilize their distinct capabilities and specialized training in a psychiatric hospital setting. 47 black and white figures.

FAMILY THERAPY

Families in Motion: Dynamics in Diverse Contexts
CLARA GERHARDT

Families in Motion: Dynamics in Diverse Contexts is a clear, comprehensive, and contextual view of how the dials and wheels of that complex set work together. With a focus on multicultural competence through diverse contexts and examples, this new text explores the complexities of the family regarding roles, functions, and development in a way that is approachable for students. Grounded in theory and using 40 years of academic experience, author Clara Gerhardt guides readers through concepts of family theories and examines the ever-changing movement, communication, and conditions of both the family as a system and each member within the system.

Music with Babies and Young Children: Activities to Encourage Bonding, Communication and Wellbeing
JEFFREY FRIEDBERG

From day one in a child’s life, music is one of the most important things that can be used to help them grow and learn. This straightforward guide gives detailed advice on how to use music to help children from 0-5 years with common developmental challenges such as attachment and bonding, bedtime, tantrums and daily living skills, social skills, motor skills and school readiness. Combining cutting-edge research on brain development with proven strategies, this book helps with both typical and atypical issues in the earliest stages of a child’s life. Friedberg lays out the musical parenting approach, where any adult can enhance children’s lives through music.

DISABILITY

The Neurodiverse Workplace: An Employer’s Guide to Managing and Working with Neurodivergent Employees, Clients and Customers
VICTORIA HONEYBOURNE

Estimates suggest that up to 20% of employees, customers and clients might have a neurodivergent condition - such as dyslexia, autism, Asperger’s, ADHD or dyspraxia - yet these individuals often struggle to gain and maintain employment, despite being very capable. This practical, authoritative business guide will help managers and employers support neurodiverse staff, and gives advice on how to ensure workplaces are neurofriendly. The book demonstrates that neurodiversity is a natural aspect of human variation to be expected and accepted, rather than a deficit to be accommodated. This book is an ideal resource for all employers wanting to support and empower people with specific needs to help create a more inclusive workplace, benefiting both neurodiverse individuals and the companies employing them.
Freedom from Family Dysfunction: A Guide to Healing Families Battling Addiction or Mental Illness

KENNETH PERLMUTTER

Kenneth Perlmutter, a California psychologist with 30-plus years in the field, has written *Freedom from Family Dysfunction* specifically for family members who love someone battling addiction or mental illness who want to break the cycles of codependency and relapse. The combination of compelling vignettes, lively dialogues, and step-by-step instructions makes this guidebook an indispensable tool for the parents, partners, adult children, and the clinicians who treat them.

**MEDICICAL**

Handbook of Benign Hematology

MARTHA PRITCHETT MIMS, COURTNEY MILLER-CHISM AND IBERIA SOSA

This book is a practical guide to the diagnosis and management of benign hematologic conditions. The book begins with a chapter on normal hematopoiesis and follows with chapters devoted to different groups of blood disorders and syndromes including neutrophil disorders, non-malignant myeloid disorders, bone marrow failure syndromes, myeloproliferative disorders, hemostasis and coagulation defects, and thrombosis.

**MEDICAL HISTORY**

Florence Nightingale: A Reference Guide to Her Life and Works

LYNN MCDONALD

Florence Nightingale: A Reference Guide to Her Life and Works covers her life and works. The extensive A to Z section includes over a hundred entries. The bibliography provides a comprehensive list of publications concerning her life and work.

**NURSING**

Communication Skills in Nursing Practice 2ed

LUCY WEBB

This book is written specifically for student nurses developing their communication and interpersonal skills in any field of nursing.

The book address all the competencies for communication skills outlined in the 2018 NMC standards and features insightful contributions from experienced nurses and healthcare leaders across different clinical fields. As communication and interpersonal skills have become essential to modern nursing, this book will focus on demonstrating how the theory behind these skills can be successfully applied in practice. Helping students to become confident, assured communicators when interacting with patients, whilst on placement and into their post-registration nursing career.

Women Healers Through History: Revised and Expanded Edition

ELISABETH BROOKE

Beginning with the ancient goddesses and the importance of legends, myths and symbols, this book celebrates women in medicine from Ancient Egypt, Classical Greece and Rome to the Middle Ages, the Renaissance and the present. Trotsula, Hildegard of Bingen, Wendy Savage and Elizabeth, Countess of Kent are among the many unique healers finally recognised for their work. Documenting each woman’s practices, achievements and struggles, here at last is the definitive history of women’s invaluable contribution to healing. This new reissue of the 1993 classic is an invaluable resource, updated with brand new sections on modern healers and groups.

Pbk | 252pp | 9781911597230 | 2019.07
Aeon Books | A$39.99 | NZ$46.99
230x147mm | UK
Fast Facts for the Critical Care Nurse: Critical Care Nursing in a Nutshell 2ed

DINA HEWETT

This newly updated, quick-access guide for critical care nurses covers the most common admitting diagnoses and reviews their causes, signs and symptoms, and interventions. In the ICU, patient status and plan of care change constantly, presenting multifaceted problems for nurses and healthcare providers. This authoritative resource, replete with bulleted, bite-size content, provides information to the busy ICU nurse in a heartbeat.

Fast Facts Series.

Pbk | 174pp | 9780826177162 | 2019.11
Springer Publishing Company | A$57.99 | NZ$69
USA

The Administrative Challenges of (Play) Therapy

ALLAN M. GONSEHER

This book brings together essays by eight therapists who tell the stories of their career paths in the fields of social work and psychology, specializing in children and family therapy. Each author comments on issues such as professional expenses, referrals, case load, the “Play Room”, and administrative responsibilities. They provide insight into their work as clinicians and administrators in private practice, in-home, agency, and educational settings. In addition to the settings in which they practice, they also discuss the diversity of modalities they use, with a focus on Play Therapy, School-Based Therapy, and Child-Parent interaction.

Pbk | 102pp | 9780761871682 | 2019.12
Hamilton Books | A$49.99 | NZ$59.99
229x152mm | USA

Case Studies in Personalized Nutrition

ANGELA WALKER

Covering a range of complex cases such as autoimmunity and inflammation, hormonal disruption, mental health concerns and more, this edited collection explains the most recent developments in nutrition science and how these can inform patient management. Complete with in-depth case histories and Q&As with the practitioner, this is the most comprehensive guide to help put theoretical knowledge of personalized nutrition into practice. 11 black and white and 6 colour figures and 50 tables.

Personalized Nutrition and Lifestyle Medicine for Healthcare Practitioners Series.

Hbk | 384pp | 9781848193949 | 2019.12
Singing Dragon | A$69.99 | NZ$82.99
252x176mm | UK

Key Concepts in Mental Health 5ed

DAVID PILGRIM

Now in an updated fifth edition, this book provides readers with overviews of all the key theories, concepts and terminology associated with mental health, summarising them succinctly in a series of easily digestible yet expertly written entries. The text starts with entries related to Mental Health and Mental Abnormality, before moving onto Mental Health Services and Society. An essential guide for students of mental health studies, health, nursing, social work, psychology, counselling and psychotherapy.

SAGE Key Concepts Series.

Pbk | 304pp | 9781526493132 | 2019.12
SAGE Publications Ltd | A$56 | NZ$68
242x170mm | UK

Narrative Medicine in Hospice Care: Identity, Practice, and Ethics though the Lens of Paul Ricoeur

TARA FLANAGAN

While recognizing the value of narrative medicine in clinical encounters, including the ethical aspects of patient discourse, Tara Flanagan examines the limits of narrative practices for patients with cognitive and verbal deficits. In Narrative Medicine in Hospice Care: Identity, Practice, and Ethics Through the Lens of Paul Ricoeur, Flanagan contends that the models of selfhood and care found in the work of Ricoeur can offer a framework for clinicians and caregivers regardless of the verbal and cognitive capabilities of a patient at the end of life. In particular, Flanagan asserts that Ricoeur’s concept of patient identity connects with the narrative method of life review in hospice and offers an opportunity to address the religious and spiritual dimensions of the patient experience.

Studies in the Thought of Paul Ricoeur Series.

Hbk | 174pp | 9781498554626 | 2019.12
Lexington Books | A$139.99 | NZ$165.99
229x152mm | USA

How to Explain Behavior: A Critical Review and New Approach

SAM S. RAKOVER

In How to Explain Behavior: A Critical Review and New Approach, Sam S. Rakover proposes a critical review of explanation models (procedures); presents explanation as an essential part of research methodology; depicts understanding as based on explanation models and other procedures; provides a list of basic ideas common to most explanation models; supplies an approach that unifies mechanistic explanations as used by the sciences with mentalistic explanations that are based on one’s inner world; and provides a general procedure for explaining individual behavior.

PSYCHOLOGY

Pbk | 282pp | 9781498536707 | 2019.12
Lexington Books | A$60.99 | NZ$82.99
229x152mm | USA


MICHAEL A. SAYETTE AND JOHN C. NORCROSS

Featuring expert advice for applying to graduate school in clinical and counseling psychology—as well as profiles of more than 300 doctoral programs—this authoritative resource has now been updated for 2020/2021. More than 150,000 prospective students have used the Insider’s Guide to find the programs that meet their needs and maximize their chances of getting in. Profiles include each program’s specializations or tracks, admission requirements, acceptance rates, financial aid, research areas, and clinical opportunities. A detailed time line and multiple worksheets help students complete key prerequisites, decide where to apply, develop their credentials, put together strong applications, and make an informed final decision.

Pbk | 485pp | 9781462541430 | 2020.01
The Guilford Press | A$66 | NZ$82
279x216mm | USA
PSYCHOThERAPY

Learning Supportive Psychotherapy: An Illustrated Guide 2ed
ARnold WInston, Richard N. rOseNthAIl and LAura wFeSS roBertS

The domain of supportive psychotherapy has expanded in recent years, reflecting changes in how psychotherapy is conducted and the role psychotherapy plays in caring for individuals facing difficult life experiences or living with diverse mental and physical disorders. This new, thoroughly revised and up-to-date edition of Learning Supportive Psychotherapy: An Illustrated Guide (first published as Introduction to Supportive Psychotherapy) instructs beginning psychotherapists in the fundamentals of this treatment modality, which focuses on patients’ overall health and well-being and their ability to adapt constructively to their life circumstances.

THE DISCOUNT ON THIS BOOK IS 33%.

Pbk | 200pp | 9781615372348 | 2020.01
American Psychiatric Association Publishing
AS143 | NZ$170 | 229x152mm | USA

PUBLIC HEALTH

Getting Risk Right: Understanding the Science of Elusive Health Risks
GEOFFREY C. KABAT

Do cell phones cause brain cancer? Does BPA threaten our health? How safe are certain dietary supplements, especially those containing exotic herbs or small amounts of toxic substances? Is the HPV vaccine safe? We depend on science and medicine as never before, yet there is widespread misinformation and confusion, amplified by the media, regarding what influences our health. In Getting Risk Right, Geoffrey C. Kabat shows how science works—and sometimes doesn’t—and what separates these two very different outcomes. Kabat provides a much-needed antidote to what has been called “an epidemic of false claims.”

Health Services Research and Analytics Using Excel®
NALIN JOHRI

Health Services Research and Analytics Using Excel® is a practical resource for graduate and advanced undergraduate students in programs studying healthcare administration, public health, and social work as well as public health workers and healthcare managers entering or working in the field. This book provides one integrated, application-oriented resource for common quantitative, qualitative, and spatial analyses using only Excel. With an easy-to-follow presentation of qualitative and quantitative data, students can foster a balanced decision-making approach to financial data, patient statistical data and utilization information, population health data, and quality metrics and cultivate analytical skills that are necessary in a data-driven healthcare world.

RELIGION AND MENTAL HEALTH

Biblical Psychotherapy: Reclaiming Scriptural Narratives for Positive Psychology and Suicide Prevention
KAlMAN J. KAPLAN AND PAUL CANTZ

Kalman J. Kaplan and Paul Cantz offer a biblically-based approach to suicide prevention, designed to overcome suicidogenic patterns in fourteen patients fitting into seven Graeco-Roman suicidal syndromes. Kaplan and Cantz use biblical narratives alongside an in-depth positive psychology, aimed at promoting life instead of simply preventing suicide.

Chaplaincy and the Soul of Health and Social Care: Fostering Spiritual Wellbeing in Emerging Paradigms of Care
EWAN KELLY AND JOHN SWINTON

Gathering together thoughts and visions of experienced practitioners, academics, educators and strategic leaders from around the world, this edited volume sheds light on the nature of chaplaincy and its role and significance within ever-changing contemporary healthcare systems.

A wide range of issues central to spiritual care delivery are covered, including reflections on what it feels like to be cared for by a chaplain through illness; the nature of chaplaincy as a profession; and how chaplains can engage with healthcare institutions in ways that have integrity yet are also deeply spiritual. The focus throughout is that chaplaincy should not only be guidance for people in distress, as a form of crisis intervention, but is rather about helping to promote wellbeing and enhance people’s quality of life.

Religion and Recovery from PTSD
Harold C. KoEniG, Donna AmEs AND MichelLE pEarce

In this book the authors review and discuss systematic research into how religion helps people cope with severe trauma, including trauma caused by natural disasters, intentional interpersonal violence, or combat experiences during war. They delve into the impact that spirituality has in both the development of and recovery from PTSD. Beyond reviewing research, they also use case vignettes throughout to illustrate the very human story of recovery from PTSD, and how religious or spiritual beliefs can both help or hinder depending on circumstance. A vital work for any mental health or religious professionals who seek to help people dealing with severe trauma and loss.

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Anatomy of Foolishness: The Overlooked Problem of Risk-Unawareness

**STEPHEN GREENSPAN**

*Anatomy of Foolishness*, explains why and how individuals (of all ages and levels of intelligence) and organizations act in ways that undermine their interests and even their continued existence. He examines three types of foolishness, using vivid examples to illustrate each, including the many foolish actions of U.S. President Donald Trump. Greenspan presents a multidimensional theory of foolishness that contributes to the literature on human competence, and this book is likely to attract broad interest in the fields of psychology, sociology, economics, political science, and psychiatry as well as among those members of the general public (basically everyone) who have acted foolishly or know someone who has acted in a way that went against their own interests.

**Revisiting Jonestown: An Interdisciplinary Study of Cults**

**DOMENICO A. NESCI**

*Revisiting Jonestown* covers three main topics: the psycho-biography of Jim Jones (the leader of the suicidal community) from the new perspective of Prenatal Psychology and transgenerational trauma, the story of his Peoples Temple, with emphasis on what kind of leadership and membership were responsible for their tragic end, and the interpretation of death rituals by religious cults as regression to primordial stages of human evolution, when a series of genetic mutations changed the destiny of Homo Sapiens, at the dawn of religion and human awareness. A pattern of collective suicide is finally identified, making it possible to foresee and try to prevent its tragic repetition. At the same time, through an artistic editorial work on original images from the Peoples Temple files, a sort of Multimedia Psychotherapy is subliminally delivered in order to help the mourning of the victims of Jonestown, to whose memory the book is dedicated.

**Creativity and the Arts in Early Childhood: Supporting Young Children’s Development and Wellbeing**

**RUTH CHURCHILL DOWER**

Offering practical guidance on encouraging creativity in early childhood settings, this much-needed book highlights the importance of the arts and creativity for children's learning, critical thinking, social interaction and self-regulation. The book considers the impact of creativity on early brain development and discusses how to choose the right arts or creative approach for your children. Principles for creative curriculums, teaching, assessments and environments are provided and each chapter includes a ‘practitioner toolkit’ element, with reflective questions and practical strategies for implementing the learning from the chapter into daily practice. This book will be of interest to social workers, counsellors, child psychologists and therapists as well as primary teachers, EYs educators, degree-level educators, child carers and paediatric health specialists.

**101 Careers in Social Work 3ed**

**JESSICA A. RITTER, ANN OBERMANN AND KRISTIN DANHOFF**

This engaging guide addresses the extraordinary breadth of the social work profession and the diverse career paths available. Updated and expanded, the third edition includes 15 vivid new profiles of social workers who describe the rewards and challenges of their distinct roles. It presents “Social Justice Spotlights “ highlighting important social and political issues germane to different practice domains. The new edition provides links to new resources—books, essays, films, and websites—that enable readers to investigate specific career paths in greater depth. It dispels common myths about the social work profession and demonstrates why social work is a smart choice for those seeking a career of service that requires creativity, critical thinking, compassion, and a passion for social justice.

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