**Fast Facts Workbook for Cardiac Dysrhythmias and 12-Lead EKGs**

**PAUL DESMARAIS**

This workbook presents a multitude of practice examples to help critical care students and practitioners grasp and excel at key concepts of 12-Lead EKG and dysrhythmia interpretation. Designed to supplement any established dysrhythmia textbook, this straightforward resource is ideal for new graduates and nurses who are considering a switch to critical or acute care. This book distills complexities of the 12-Lead to determine if a patient is safe or at risk.

**Fast Facts Workbook for Cardiac Dysrhythmias and 12-Lead EKGs** delivers instruction on all foundational aspects of EKG interpretation. It contains numerous practice examples with instant feedback to provide nursing students with much-needed reinforcement of this often-challenging content.

**Healing a Community: Recovery and Resiliency After a Large-Scale Trauma**

**MELISSA GLASER**

The tragedy of large-scale trauma has etched the names of cities on a national monument of heartbreak and senseless loss. First responders, caregivers, and civic leaders are often left with the daunting task of navigating the emotional and physical aftermath and stitching their communities back together—a trajectory of healing that can take months and years. *Healing a Community* offers real-world advice from one of the country’s preeminent community response and recovery leaders. As the coordinator of the Newtown Recovery and Resiliency Team (NRRT) and a psychotherapist with a focus on trauma, Melissa Glaser presents a unique set of pragmatic best practices that communities can learn from and immediately adopt.

**Supporting Vulnerable Children in the Early Years: Practical Guidance and Strategies for Working with Children at Risk**

**PAT BECKLEY**

Exploring specific experiences, circumstances and events that can put children at risk, this book provides practical guidance for early years practitioners working with vulnerable children. It covers supporting children who are abused and neglected, those with special educational needs, children from ethnic minorities, those with emotional or health difficulties, children affected by poverty and children in care. Each chapter draws on current research and theories to set out clear advice and strategies for supporting the wellbeing and development of vulnerable children, including working in partnership with parents, carers and communities.

**Teaching Social Skills to Children with Autism Using Minecraft®: A Step by Step Guide**

**RAELENE DUNDON**

With over 150 pages of photocopyable and downloadable session plans, visuals and handouts, this manual is essential reading for professionals working with autism who are interested in introducing Minecraft® to support social skill development in their students. Minecraft®, often described as ‘digital Lego’, provides an ideal forum to help children with autism and related conditions to develop social and communication skills. This book offers guidance on how to use the game to support the learning of social and emotional concepts such as having a conversation, showing interest in others and understanding another person’s point of view.

Raelene Dundon is a registered psychologist and the Director of Okey Dokey Childhood Psychology. She is a mother of three children, two of whom have autism, and is based in Melbourne.
ADDITION

Family Strategies: Practical Tools for Professionals Treating Families Impacted by Addiction
CLAUDIA BLACK

In a therapeutic setting it is easy for the practitioner, the addicted person, and the family to view the addicted person as the identified client; the addicted person is the predominant focus. Family Strategies facilitates shifting perspective to the family members as clients and makes the family the focus.

The strategies presented are proven effective in primary family systems therapy when addiction is either still active or the addicted person is in early recovery, whether it is substance, behavioral, or process addiction.

Pbk | 288pp | 9781942094920 | 2019.02
Central Recovery Press | A$46.99 | NZ$53.99
228x152mm | USA

ALTERNATIVE MEDICINE

Evidence-based Clinical Chinese Medicine - Volume 10: Diabetic Kidney Disease
JOHANNAH SHERGIS AND LIHONG YANG


The book provides a comprehensive description of diabetic kidney disease from conventional medicine and Chinese medicine. It includes a summary of Chinese medicine treatments used in classical Chinese medicine books, as well as treatments that have been verified in clinical studies.

Written by internationally recognized, well respected leaders in Chinese medicine, this book is ideal for Chinese medicine practitioners and students who want to keep up to date with the latest research to support their clinical practice.

Evidence-based Clinical Chinese Medicine.

Johannah Shergis is a Research Fellow in the School of Chinese Medicine at RMIT University.

Hbk | 180pp | 9789813276109 | 2019.02
World Scientific | A$106 | NZ$126
USA

CHILDREN AND ADOLESCENTS

Applied Mindfulness: Approaches in Mental Health for Children and Adolescents
VICTOR G CARRION AND JOHN RETTGER

Applied Mindfulness: Approaches in Mental Health for Children and Adolescents starts from the premise that mental health clinicians must have their own mindfulness practice before teaching the tenets and techniques of mindfulness to others, including young people. To that end, the book offers readers clear instructions on how to first practice mindfulness in their own lives and then extend their personal practice outward to others. Once this knowledge is internalized, the clinician can focus on mindfulness in terms of its application to specific clinical diagnoses, such as anxiety and depression, attention-deficit/hyperactivity disorder, and substance abuse.

Pbk | 380pp | 9781615372126 | 2019.02
American Psychiatric Publishing | A$125 | NZ$148
229x152mm | USA

CLINICAL PSYCHOLOGY

Emotion-Centered Problem-Solving Therapy: Treatment Guidelines
ARTHUR M. NEZU AND CHRISTINE MAGUTH NEZU

Written by the developers of the popular Problem-Solving Approach (PST), this evidence-based manual reflects important advances in neuroscience that underscore the important role of emotion as a crucial aspect of behavioral health treatment. This updated treatment model, Emotion-Centered Problem-Solving Therapy (EC-PST) moves emotion to a critical position that is integrated throughout its therapeutic strategies. This is a significant shift in interventions that had previously focused on cognitive approaches.

Pbk | 304pp | 9780826143143 | 2018.12
Springer Publishing Company | A$97 | NZ$114
USA
Improvisation in the Expressive and Performing Arts: The Relationship between Shaping and Letting-go
BELIZ DEMIRCIOLU

This book explores the process of improvisation and outlines the ideal conditions for an inspirational creative state. Examining her own process as an artist and drawing on interviews with peers, the author considers how the forces of shaping (intellect-driven decisions) and letting-go (more intuitive moves) interact in improvisation. The book follows the journey of seven performing arts graduates and undergraduates, examining their experiences of improvisation and the interplay of shaping and letting-go. It reveals how the approach and methods of expressive arts can enrich an improviser’s experience and spur the desire for discovery.

“This beautifully written book reminds us that creativity is an interpenetrating play of letting go and shaping, not only in improvisational movement and art making, but also in life itself. With her openness to learning from others as well as from her own personal experience, the author inspires us to risk diving deeply into life, to explore the interplay of control and surrender with courage and trust.”—Sally Atkins, Professor of the European Graduate School, Professor Emerita and Founder of Expressive Arts at Appalachian State University

“Ms. Belize Demircioglu offers a thorough and nuanced exploration of the internal and external forces impacting the process of improvisation as an artistic practice. Her writing is engaging, specific, and refreshingly honest.”—Sean Curran, Chair, Department of Dance, NYU/Tisch School of the Arts, Artistic Director, Sean Curran Company

Art Therapy with Older Adults: Connected and Empowered
ERIN PARTRIDGE

This book outlines a framework for art therapy with older adults rooted in a belief in the autonomy and self-efficacy of older adults, including those with dementia or other diseases of later life. Advocating for a more collaborative approach to art-making, the author presents approaches and directives designed to facilitate community engagement, stimulate intellectual and emotional exploration, and promote a sense of individual and collective empowerment. Relevant to community, assisted living, skilled nursing and dementia-care environments, it includes detailed case studies and ideas for using art therapy to tackle stigma around stroke symptoms and dementia, encourage increased interactions between older adults in care homes, promote resilience, and much more.

“Dr. Partridge exquisitely captures the power of art therapy illuminated by a spirit of empowerment and advocacy for elders. This is a much-needed and enlightened guide and framework for art therapists working with this wonderful population and whose wisdom is applicable to all art therapists seeking to improve venerable results for their clients.”—Claudia Mezzera, Ph.D., LMFT, ATR, Adjunct Faculty, Notre Dame de Namur University

“Art Therapy with Older Adults provides critical insight for art therapists to empower elders with creative potential. Including robust theoretical and practical examples of creativity and self-actualization, Dr Partridge, along with her older adult co-researchers, developed a much-needed art therapy theory. Through her work, including digital media and museums, Dr Partridge is revolutionizing how art therapy thinks about social empowerment, abilities, creativity, clinical practice, and research and with elders.”—Amy Backos, PhD, ATR-BC, Chair, Graduate Art Therapy Psychology, Notre Dame de Namur University

Grandparenting: Influences on the Dynamics of Family Relationships
BERT HAYSЛИP JR AND CHRISTINE A FRUHAUF

With contributions from internationally recognized scholars in family studies, gerontology, human development, psychology, social work, and sociology, this interdisciplinary resource examines the roles of grandparents from multiple perspectives including the cultural/historical, developmental, ecological, and cross cultural, as well as from a clinical/family systems perspective. It reflects the redefinition of the role of grandparents over the past 20 years, mirroring societal shifts in greater longevity and life expectancy, and a greater awareness that grandparenting cannot be viewed in a sociocultural vacuum.

COGNITION
Foundations in Music Psychology: Theory and Research
PETER JASON RENTFROW AND DANIEL J. LEVITIN

This authoritative, landmark volume offers a comprehensive state-of-the-art overview of the latest theory and research in music perception and cognition. Eminent scholars from a range of disciplines, employing a variety of methodologies, describe important findings from core areas of the field, including music cognition, the neuroscience of music, musical performance, and music therapy.

The book’s sections cover music perception; music cognition; music, neurobiology, and evolution; musical training, ability, and performance; and musical experience in everyday life. Chapters treat such topics as pitch, rhythm, and timbre; musical expectancy, musicality, musical disorders, and absolute pitch; brain processes involved in music perception, cross-species studies of music cognition, and music across cultures; improvisation, the assessment of musical ability, and singing; and music and emotions, musical preferences, and music therapy.

CREATIVE THERAPIES
Art Therapy with Older Adults: Connected and Empowered
ERIN PARTRIDGE

FAMILY STUDIES
Grandparenting: Influences on the Dynamics of Family Relationships
BERT HAYSLIJP JR AND CHRISTINE A FRUHAUF
Cancer Genomics for the Clinician
RAMASWAMY GOVINDAN AND SIDDHARTHA DEVARAKONDA

Cancer Genomics for the Clinician is a practical guide to cancer genomics and its application to cancer diagnosis and care. The book begins with a brief overview of the various types of genetic alterations that are encountered in cancer, followed by accessible and applicable information on next generation sequencing technology and bioinformatics, tumor heterogeneity, whole genome, exome and transcriptome sequencing, epigenomics, and data analysis and interpretation. Each chapter provides essential explanations of concepts, terminology, and methods. Also included are tips for interpreting and analyzing molecular data, as well as a discussion of molecular predictors for targeted therapies covering hematologic malignancies and solid tumors. The final chapter explains the use of FDA-approved genomic-based targeted therapies for breast cancer, lung cancer, sarcomas, gastrointestinal cancers, urologic cancers, head and neck cancer, thyroid cancer, and many more.

Pbk  |  300pp  |  9780826168672  |  2019.01
Demos Medical  |  A$77  |  NZ$90
203x127mm  |  USA

Physical Activity and Public Health Practice
DANIEL B. BORNSTEIN, AMY E. EYLER, JAY E. MADDOCK AND JUSTIN B. MOORE

Physical Activity in Public Health Practice provides the first evidence-based, practical book to guide readers through the process of conceptualizing, justifying, implementing, and evaluating physical activity interventions across a broad array of settings and populations.

Presented from both a research and a practice perspective while discussing the best available research, this book provides the basis for planning and implementing physical activity programs that work and can build healthier communities. This hands-on text incorporates learning objectives, real-world examples, case studies, and bulleted lists whenever possible so that the content can be digested easily not only in undergraduate and graduate course settings but also by public health workers and other health educators in practice.

Pbk  |  350pp  |  9780826134585  |  2019.01
Demos Medical  |  A$111  |  NZ$132
254x178mm  |  USA

Handbook of Supportive Oncology and Palliative Care: Whole-Person Adult and Pediatric Care
ANN BERGER, PAMELA HINDS AND CHRISTINA PUCHALSKI

Handbook of Supportive Oncology and Palliative Care is a practical guide to providing evidence-based and value-based care to adult and pediatric cancer patients experiencing severe symptoms and stressors due to cancer diagnosis, cancer treatment, and comorbid conditions. This accessible reference provides the art and science behind the whole-person and family approach to care by delivering the best practices to relieving a cancer patient’s symptoms across physical, psychosocial, and spiritual dimensions. Unlike other resources, this book covers all dimensions of palliative care but with a special emphasis on primary palliative care.

Pbk  |  250pp  |  9780826128249  |  2018.12
Demos Medical  |  A$96  |  NZ$112
203x127mm  |  USA

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