OCD - Tools to Help Young People Fight Back!: A CBT Manual for Therapists

CYNTHIA TURNER

Obsessive-compulsive disorder (OCD) affects approximately one in a hundred young people, and often makes it difficult to lead happy and productive lives. This manual from the distinguished Maudsley hospital guides therapists through the process of treating young people with the disorder and supporting patients and their families. Designed to be used in conjunction with the workbook OCD - Tools to Help You Fight Back!, it features an adaptable evidence-based treatment based on Cognitive Behavioural Therapy and Exposure and Response Prevention techniques.

Dr Cynthia Turner is a psychologist who holds Honorary Lecturer positions at the University of Queensland and the Institute of Psychiatry at Kings College London, and is an Honorary Consultant Clinical Psychologist at the Maudsley.

Pbk | 104pp | 9781849054034 | 2018.09
Jessica Kingsley Publishers | A$44.99 | NZ$52.99
279x216mm | UK

Evidence-Based Practice of Cognitive-Behavioral Therapy 2ed

DEBORAH DOBSON AND KEITH S DOBSON

From an experienced clinician and a prominent psychotherapy researcher, this book synthesizes the evidence base for cognitive-behavioral therapy (CBT) and translates it into practical clinical guidelines. Therapists and students learn how to implement core CBT techniques, why and how they work, and what to do when faced with gaps in scientific knowledge. Vivid case examples illustrate what evidence-based strategies look like in action with real-world clients who may have multiple presenting problems. The authors also separate CBT myths from facts and discuss ways to manage common treatment challenges.

Pbk | 354pp | 9781462538027 | 2018.07
The Guilford Press | A$54.99 | NZ$64
229x152mm | USA

OCD - Tools to Help You Fight Back!: A CBT Workbook for Young People

CYNTHIA TURNER

Structured as a flexible 14-session programme, this workbook is intended to be used in conjunction with the clinical manual for this title, OCD - Tools to Help Young People Fight Back. It sets out an evidence-based treatment for young people with OCD using Cognitive Behavioural Therapy and Exposure and Response Prevention techniques. Designed to be employed in a clinical setting, it uses simple diagrams and illustrations to explain ways to cope with OCD thoughts and behaviours, and provides activities for use both within sessions and at home. The fun and engaging way in which the exercises are designed will encourage the patient to fully involve themselves in the recovery process and overcome their OCD.

Pbk | 104pp | 9781849054027 | 2018.09
279x216mm | UK

EMDR Toolbox: Theory and Treatment of Complex PTSD and Dissociation 2ed

JAMES KNIFE

This innovative resource for therapists trained in Standard EMDR delivers a powerful set of EMDR-based “Tools”—useful strategies for helping difficult-to-treat clients with complex emotional problems. The second edition reflects the author’s ongoing efforts to design treatments that can significantly extend the therapeutic power of methods based on an Adaptive Information Processing model. It describes new discoveries that promote effective ways of structuring therapy sessions and refines original treatment procedures that can facilitate and safely accelerate therapeutic progress.

Pbk | 328pp | 9780826172556 | 2018.09
Springer Publishing Company | A$98 | NZ$116 | USA
ALTERNATIVE HEALTH

Yoga Therapy for Stroke: A Handbook for Yoga Therapists and Healthcare Professionals

ARLENE A SCHMID AND MARIEKE VAN PUTMBOECK

A guide to yoga therapy for post-stroke rehabilitation, this book is for yoga teachers and yoga therapists, but also for occupational, recreational, physical and speech therapists who work with people with stroke and may integrate yoga into their practice.

Rooted in evidence-based research and written by two yoga teachers who are also academics and researchers in rehabilitation, the book provides basic information about stroke and neuroplasticity, discusses the mind-body disconnect that often occurs after stroke, and provides instruction on how to improve balance, strength and range of motion. It also covers effective meditation techniques to help overcome the stress and emotional impact of stroke.

Clear photographs demonstrate yoga postures and activities specifically adapted for stroke patients, alongside case studies.

ALTERNATIVE MEDICINE

Acupuncture for Babies, Children and Teenagers: Treating both the Illness and the Child

REBECCA AVERN

This colour textbook is a comprehensive guide to diagnosis and treatment in paediatric acupuncture. Ill health related to modern lifestyles is discussed, as is the role of family dynamics in childhood disease. Rebecca Avern examines treatment of children from both a TCM and a Five Element perspective. Throughout, she highlights how diagnosis and treatment should be tailored depending on the age of the child. The book includes information on a wide variety of treatment methods, including needling and pediatric tui na. The book covers all the conditions that children commonly present with in modern practice, including food allergies, Chronic Fatigue Syndrome, issues relating to Autism Spectrum disorder, and teenage depression, anxiety and eating disorders.

Cranio-Sacral Integration: Foundation 2nd

THOMAS ATTLEE

This completely updated and revised edition of the seminal foundation text to Cranio-Sacral Therapy presents a unique integration of a wide spectrum of approaches, providing practitioners and students with an up-to-date and authoritative understanding of the discipline. The book covers the fundamentals of theory as well as the practical skills and techniques needed to carry out Cranio-Sacral work and is colour-coded for ease of use.

It includes detailed instructions for treatments, which are clearly explained in extensive case histories and full-colour photographs and illustrations.

Essence Of Traditional Chinese Medicine

WENJUN ZHU, YUAN LIN AND SIM KIM CHENG

The ancient art of Chinese medicine is known throughout the world for its unique methods of diagnosis and treatment. To many, its image is that of an esoteric art. Essence of Traditional Chinese Medicine provides a comprehensive and in-depth coverage of traditional Chinese medicine (TCM). Topics ranging from theories, practical experience and traditional material to modern technology offer a good foundation for understanding the text. The practical aspect is made relevant and applicable; stories of famous physicians are put across in a lively manner. All these make this book an easy and informative read.

Essential Chinese Medicine - Volume 1: Restoring Balance

BAO CHUN ZHANG AND YU TING CHEN

Essential Chinese Medicine: Restoring Balance has gathered a total of 55 types of commonly-seen balancing medicinal materials, providing the details of each medicine including its origin, place of production, nature and flavour, meridian tropism, effects, treatment, usage and dosage, preparation methods of medicated diets and consumption methods. All of this information is further illustrated with high-quality colour photographs, and terms are written in both English and Chinese for easy reference.

Essential Chinese Medicine - Volume 2: Health Tonics

BAO CHUN ZHANG AND YU TING CHEN

Essential Chinese Medicine: Health Tonics has gathered a total of 54 types of commonly-seen tonifying medicinal materials, providing the details of each medicine including its origin, place of production, nature and flavour, meridian tropism, effects, treatment, usage and dosage, preparation methods of medicated diets and consumption methods. All of this information is further illustrated with high-quality colour photographs, and terms are written in both English and Chinese for easy reference.

Essential Chinese Medicine - Volume 3: Improving Blood Circulation

BAO CHUN ZHANG AND YU TING CHEN

Like the earlier works, this volume makes accessible the benefits of traditional Chinese herbal medicines, to the health and wellness of its readers. All of this information is enhanced by high-quality colour photographs, and documented in both English and Chinese for easy reference. The book features 52 medicinal herbs for the purpose of improving blood circulation. The reader will be able to understand the source, properties, usage and dosage for the herbs, as well as differentiate quality herbs from fakes, and prepare medicinal dishes.
Essential Chinese Medicine - Volume 4: Relieving Wind

BAO CHUN ZHANG AND YU TING CHEN

The fourth title in the series, Essential Chinese Medicine: Relieving Wind, covers practical aspects related to the treatment of ailments associated with rheumatism and edema, which afflict the old and increasingly the mature generation. This volume features 49 medicinal materials that are antirheumatic, diuretic and interior-warming. Supported by photographs of the medicinal herbs and recipes, the book covers various aspects related to the herbs: source, producing areas, nature and flavour, effects and indications, usage and dosage, storage, differentiating genuine and fake herbs, and medicinal cooking. Rich in content, with strong medical and practicality, this is a wealth of resource for learning.

Hbk | 300pp | 9789813239159 | 2018.09
Co-published With World Scientific
A$170 | NZ$198 | USA

ASD

Interventions for Individuals with Autism Spectrum Disorder and Complex Communication Needs

JENNIFER B GANZ AND RICHARD L SIMPSON

People who have both autism spectrum disorder and complex communication needs require specialized, multidisciplinary interventions and supports to boost their independence and quality of life. Find up-to-date, evidence-supported information and strategies in this book, the newest volume in the respected Augmentative and Alternative Communication series. This essential resource brings together more than 30 internationally recognized researchers from three important disciplines: augmentative and alternative communication (AAC), special education, and applied behavior analysis (ABA).

Pbk | 328pp | 9781681252292 | 2018.09
Brookes Publishing | A$90 | NZ$106
254x178mm | USA

Pivotal Response Treatment for Autism Spectrum Disorders 2ed

ROBERT L KOEGEL AND LYNN KERN KOEGEL

This book guides professionals who work with people with autism spectrum disorders (ASD) to implement Pivotal Response Treatment (PRT). PRT is a well-established, empirically supported approach that targets pivotal areas of behavior—that is, areas in which improvements lead to large collateral changes in other areas of functioning and responding. Targeting these pivotal areas thus results in widespread improvement in communication, behavior, and social skills. This second edition, organized to follow a developmental track from infancy through early adulthood, addresses several new topics, including working with adolescents and young adults. Updated to include the latest research supporting PRT, it has also been revised to ensure key concepts are accessible to expert and nonexpert readers alike.

Pbk | 296pp | 9781681252964 | 2018.09
Brookes Publishing | A$90 | NZ$106
254x178mm | USA

CBT

Fighting The OCD Monster: A Cognitive Behaviour Therapy Workbook For Treatment Of Obsessive Compulsive Disorder In Children And Adolescents

HAANUSIA PRITHIVI RAJ

This workbook incorporates the best and most effective Cognitive Behavior Therapy (CBT) techniques and tips for the treatment of Obsessive Compulsive Disorder (OCD) especially in children and young adults. Research indicates that CBT with Exposure and Response Prevention (ERP) works best in treating OCD. This workbook describes a CBT programme for children and young adolescents (of ages 7 to 18) who have OCD. It is best suited for those who have been diagnosed with OCD, and are intending to commence treatment with a CBT Therapist. While OCD can be a daunting and debilitating condition, help is available and a life without OCD is possible. This book was designed to be a one-stop book for families, patients and therapists battling OCD monsters.

Hbk | 100pp | 9789813239456 | 2018.08
World Scientific | A$66 | NZ$76 USA

CLINICAL PSYCHOLOGY

Adoption-Specific Therapy: A Guide to Helping Adopted Children and Their Families Thrive

JILL WATERMAN, AUDRA K LANGLEY, JEANNE MIRANDA AND DEBBIE B RILEY

Children who are adopted at an older age through foster care and those adopted from overseas orphanages are at high risk for behavioral and emotional distress. This important manual presents a structured, evidence-based protocol for providing mental health treatment to families adopting vulnerable children. Drawing on their extensive clinical experience as founding members of premier national organizations that serve adopted children and their families, the authors of this book describe the typical presenting behavioral problems of adopted children, as well as the underlying issues contributing to these problems that uniquely affect adoptive families.

Hbk | 280pp | 9781433829246 | 2018.07
American Psychological Association
A$134 | NZ$159 | USA

Pedophilia and Sexual Offending Against Children: Theory, Assessment, and Intervention 2ed

MICHAEL C SETO

Author Michael Seto summarizes and integrates advances in the study of pedophilia and sexual offending against children over the last 10 years in this thoroughly revised edition of his groundbreaking book. He synthesizes decades of complex research across multiple disciplines into easy-to-read analyses that will help mental health and legal professionals understand the psychological and neurobiological underpinnings of pedophilia and sexual offending against children.

Hbk | 336pp | 9781433829260 | 2018.07
American Psychological Association
A$145 | NZ$170 | USA

T = Trade Discount
Psychological Treatment for Patients With Chronic Pain
BETH D DARNALL
Chronic pain is the most common long-term health condition in the United States. For the nearly 100 million Americans who struggle with this burden, the substantial risks of prescription opioid treatment have left many searching for safer, more effective alternatives. While multidisciplinary pain treatment programs can help, they are few in number—and few mental health practitioners receive adequate training in pain treatment. This book provides a comprehensive overview of treating patients with chronic pain, using evidence-based therapies.

Clinical Health Psychology.

Pbk | 176pp | 9781433829420 | 2018.08
American Psychological Association
AS$105 | NZ$123 | 229x152mm | USA

CREATIVE THERAPIES
Tuning In Cards: Activities in Music and Sound for Children with Complex Needs and Visual Impairment to Foster Learning, Communication and Wellbeing
ADAM OCKELFORD
Based on ground-breaking research, this set of musical activity cards will help promote social interaction in children and teenagers aged 5-19 with severe or profound learning difficulties, visual impairment or autism. With clear instructions and an accompanying website containing over 150 recordings, they can be used by anyone working with children and young people. These 48 cards provide a total of 300 different activities that offer an innovative way of developing communication in young people who otherwise may not be able to. The professional recordings are on a mobile friendly website with both a male and female vocalist, and otherwise may not be able to. The professional recordings are on a mobile friendly website with both a male and female vocalist, and

Kit | Oppl | 9781785925184 | 2018.09
105x150mm | UK

DEVELOPMENTAL PSYCHOLOGY
Handbook of Child and Adolescent Aggression
TINA MALTI AND KENNETH H RUBIN
Presenting cutting-edge work from leading scholars, this authoritative handbook reviews the breadth of current knowledge on aggression from infancy through adolescence. The volume explores the forms and functions of aggression and the multiple factors that contribute to its emergence, development, and consequences, including genetic and biological influences, temperament, family dynamics, peer relations, and social inequality. It provides up-to-date perspectives on problems such as disruptive and defiant behaviors, bullying (including cyberbullying), social aggression, and youth violence, and examines relations between aggression and normative social-emotional and social-cognitive development.

Hbk | 490pp | 9781462526208 | 2018.09
The Guilford Press | AS$119 | NZ$140
254x178mm | USA

HEALTH CARE
A Handbook for Caring Science: Expanding the Paradigm
JEAN WATSON
This groundbreaking work is an encyclopedic reference on the full spectrum of Human Caring Science. With contributions from highly accomplished scholars and practitioners from six continents, it spans the evolution of Caring Science from its origins 40 years ago through its ongoing innovation and development and into the future. Comprehensive and in-depth, this resource brings multigenerational perspectives to Caring Science and demonstrates its ethical nursing applications across cross-cultural settings worldwide.

Pbk | 900pp | 9780826133885 | 2018.09
Springer Publishing Company | AS$169 | NZ$199
254x178mm | USA

EDUCATIONAL PSYCHOLOGY
School Safety and Violence Prevention: Science, Practice, Policy
MATTHEW J MAYER AND SHANE R JIMERSON
This timely book presents a data-driven approach to preventing and responding to school violence. As school violence receives increasing attention across the nation, the application of scientific knowledge is critical. For maximum effectiveness, transdisciplinary teams should use school data, logic models, and theories of change to design, implement, and evaluate interventions. Collaboration among key stakeholders is also necessary to address both structural and systemic barriers to success with violence prevention.

Hbk | 315pp | 9781433828942 | 2018.08
American Psychological Association
AS$156 | NZ$180 | 254x178mm | USA

MEDICAL
Innovative Approaches in Regenerative Medicine
JAN-THORSTEN SCHANTZ AND DIETMAR WERNER HUTMACHER
Regenerative medicine is a fast developing field which has led to a paradigm shift in treatment of various diseases. Clinician-scientists worldwide constantly develop novel approaches in various medical specialties (surgery, internal medicine, oncology, neurology, gynecology, pediatrics, etc.) using gene therapy approaches, innovative biomaterials or stem cell based therapies. The book provides a comprehensive overview about current therapies in regenerative medicine. Like the previous volumes within the series it will cover regenerative therapies in various medical fields. A special chapter will focus on ways to commercialize regenerative therapies. The authors are again leaders in their respective fields and are experienced clinicians.

Current Therapies in Regenerative Medicine.

Pbk | 350pp | 9789813100152 | 2018.09
World Scientific | AS$137 | NZ$162
254x178mm | USA
MIRELA V SIMON

Completely revised and updated, this book covers IOM from the most basic theoretical and technical concepts to the most sophisticated procedures, placing them within the specific surgical context. Written by a multidisciplinary team of experts from Massachusetts General Hospital/Harvard Medical School, *Intraoperative Neurophysiology* provides a step-by-step approach to monitoring and mapping for a wide variety of complex surgical procedures by progressively building on prior learned material. Covering everything from set-up to troubleshooting and medical management, this book presents an integrated blueprint for choosing the right tests and customizing IOM procedures to the demands of each surgical challenge.

Patient Safety: The Relevance of Logic in Medical Care
ALEXANDER L GUNGOV

In our time of well-publicized health care travails, in the U.S. and the UK and elsewhere, matters of financing too often subsume the dimension of patient care. In his latest book, Alexander L. Gungov studies a vital but neglected aspect of patient safety. Of the thousands of medical errors committed on a daily basis, in the bulk of unfortunate clinical decisions, a significant share pertains to various logical flows and epistemological fallacies. By focusing on the logical dimensions of clinical medicine, Gungov promotes awareness of the logical and epistemological traps that lie in the day-to-day care of patients.

Studies in Medical Philosophy.

Rethinking Medical Ethics: Concepts and Principles
JEAN-PIERRE CLERO

In this unique study, Jean-Pierre Clero examines medical ethics from a philosophical perspective. Based on the thoughts of great philosophers, he develops a theory of medical ethics that focuses on the values of intimacy.

Studies in Medical Philosophy.

“...in line with his research published in 2011 under the title *Calcul Moral* (Moral Calculation) and his articles published in the Revue française d’Éthique appliquée et Ethics, Medicine and Public Health, Jean-Pierre Cléro here deepens the critical inquiry he has made into a few traditional categories of ethics, such as ‘person’ or ‘dignity’. The author wonders what categories could be substituted for those that are no longer appropriate, reserving here the benefit of the notion of ‘intimacy’. The originality of this book lies in the fact that a Francophone author speaks in English to an Anglophone public for whom utilitarianism is an obvious possibility of ethics: is it to show this audacious aspects of Francophone ethics that are most often missed and on which it could draw to enrich its analyses? Or is it to convince Francophone researchers who read English that they could make more use of classical, modern, and contemporary Anglophone authors, a less Kantian or post-Kantian turn? It is in any case on the border between these two questions that each chapter of this sharp and stimulating book has been written.” — Thierry Belleguic, Laval University

Discovering Retroviruses: Beacons in the Biosphere
ANNA MARIE SKALKA

Approximately eight percent of our DNA contains retroviral sequences that are millions of years old. Through engaging stories of scientific discovery, Anna Marie Skalka explains our evolving knowledge of these ancient denizens of the biosphere and how this understanding has significantly advanced research in genetic engineering, gene delivery systems, and precision medicine. Some present-day circulating retroviruses cause cancers in humans and other animals. Others, like HIV, cause severe immunodeficiencies. But retroviruses also hold clues to innovative approaches that can prevent and treat these diseases. In laboratories around the world, retroviruses continue to shed light on future possibilities that are anything but "retro."

The Trials of Psychedelic Therapy: LSD Psychotherapy in America
MATTHEW ORAM

Exploring the complex interactions between clinical science, regulation, and therapies in American medicine, *The Trials of Psychedelic Therapy* explains how an age of empirical research and limited government oversight gave way to one of sophisticated controlled clinical trials and complex federal regulations. Analyzing the debates around how to understand and evaluate treatment efficacy, this book will appeal to anyone with an interest in LSD and psychedelics, as well as mental health professionals, regulators, and scholars of the history of psychiatry, psychotherapy, drug regulation, and pharmaceutical research and development.

Matthew Oram is a historian in Christchurch, New Zealand. He earned his PhD from the University of Sydney.

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NURSING

Coping and Thriving in Nursing: An Essential Guide for Practice
PETER J MARTIN
A unique guide to coping and thriving in the NHS today. The book is wholly practice-focused, speaking to current standards of care for patients, and current working conditions for staff in the NHS. Written by academics specialising in mental health, nursing and well-being, each chapter provides guidance and support to pre and post-registration nurses to manage and persevere as a nurse today. This essential first edition includes: case studies, reflective practice and mindfulness exercises.

Care Coordination in the NICU: Implementing Family-Centered Nursing Care for Optimal Outcomes
SARA L MOSHER
This innovative clinical practice resource for neonatal nurses embodies family-centered care strategies for optimal outcomes through every phase of the NICU experience. While rigorous programs provide the knowledge and skills to care for the physical needs of high-risk mothers and neonates, NICU practitioners often find themselves unprepared to support the emotional health of these patients and their families. Care Coordination in the NICU provides the education, inspiration, and resources to NICU health professionals so they can learn how to be emotionally supportive to their patient’s entire family unit.

Manual of Men’s Health: Primary Care Guidelines for APRNs & PAs
SUSANNE A QUALLICH, MICHELLE LAJINESS AND KENNETH MITCHELL
This is the first clinical reference to focus solely on managing health concerns that are specific to men. Filling a significant gap in knowledge about this patient group, the user-friendly reference delivers evidence-based guidelines for the day-to-day management of male patients. Designed for ease of use and quick access to information, the resource is divided into three sections, urology, cardiology, and general men’s health topics. In addition to addressing the full gamut of urological and cardiac issues, the book discusses the basics of male physical assessment including sports assessment, male adolescent risk issues, musculoskeletal manifestations of stress in men, and health screening issues.

ONCOLOGY

Cancer Rehabilitation: Principles and Practice 2ed
MICHAEL D STUBBLEFIELD
This completely revised second edition of the gold-standard reference on cancer rehabilitation provides a state-of-the-art overview of the principles of cancer care and best practices for restoring function and quality of life to cancer survivors. The book opens with primer-level discussions of the various cancer types and their assessment and management, including potential complications, as a foundation for providing safe and effective rehabilitation. Subsequent sections thoroughly explore the identification, evaluation, and treatment of specific impairments and disabilities that result from cancer and the treatment of cancer. Designed to serve the needs of the entire medical team, this singular resource is intended for any clinician working with cancer survivors to improve function and quality of life.

Fundamentals of Intravitreal Injections: A Guide for Ophthalmic Nurse Practitioners and Allied Health Professionals
SALMAN WAQAR AND JONATHAN C PARK
Intravitreal Injections are now standard treatment for various ocular conditions such as age-related macular degeneration, diabetic retinopathy and retinal vein occlusions. Ophthalmic nurse practitioners and allied health professionals are increasingly becoming invaluable team members for delivering these injections, particularly as the clinical demand increases. This full-colour handbook details all that a practitioner needs to know about safely performing the procedure.

Swept-source Optical Coherence Tomography: A Color Atlas 2ed
KELVIN YI CHONG TEO, SHU YEN LEE AND GEMMY CHUI MING CHEUNG
This book is written for retinal specialists and clinicians with a special interest in retinal diseases. It presents a collection of images and brief annotations of the microstructures of both the normal and diseased eye captured on swept source optical coherence tomography. The swept-source OCT is a relatively new form of imaging and is able to capture structures and details which previous generations of OCT machines cannot. This type of imaging represents the forefront in ocular imaging. This second edition includes a new chapter on optic nerve conditions and more cases on eye conditions that were imaged with the SS-OCT. It also showcases the use of swept-source OCT for OCT angiography.
Conversion Disorder—a psychiatric term that names the enigmatic transformation of psychic energy into bodily manifestations—offers a way to rethink the present. With so many people suffering from unexplained bodily symptoms; with so many seeking recourse to pharmacological treatments or bodily modification; with young men and women seemingly willing to direct violence toward anybody, including themselves—a radical disordering in culture insists on the level of the body.

Part memoir, part clinical case, part theoretical investigation, this book searches for the body. Is it a psychopathological entity; a crossroads for the cultural, political, and biological in the form of care; or the foundation of psychoanalytic work on the question of sexuality?

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The Social Foundations of Emotion: Developmental, Cultural, and Clinical Dimensions

Many researchers today view emotions as biologically-based, evolutionary adaptations to environmental stimuli. In this book, Stefan Hofmann and Stacey Doan argue that emotions cannot be understood without taking into account the dynamic social and cultural worlds we inhabit. They propose instead a “core self,” containing the biological basis for our emotions, and a “social self,” which develops over time and embraces the shifting social and cultural influences around us as we grow and learn. Through a wealth of clinical case examples and an expert synthesis of contemporary research, the authors examine how emotions are determined and regulated both internally and externally, via social bonds and feedback.

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Howard Hiatt: How This Extraordinary Mentor Transformed Health with Science and Compassion

Howard Hiatt—physician, scientist, advocate for global health, and mentor to generations of healthcare leaders—has spent much of his seven-decade career being ahead of his time. His innovative ideas as head of Harvard’s School of Public Health from 1972 to 1984—about preventive medicine, the incorporation of cutting-edge science into the curriculum, and cross-disciplinary collaboration—met fierce resistance at the time but are now widely recognized building blocks of public health.

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Resilience and Health: Challenges for an Individual, Family, and Community

TADEUSZ M OSTROWSKI, BOGUSLAWA PIASZECKA AND KRZYSZTOF GERC

Resilience and Health presents a wide-ranging scientific dialogue on resilience issues interpreted in the following contexts: theoretical and philosophical, in the perspective of lifespan developmental psychology, the experience of chronic disease and disability, as well as in the family and social settings. Bringing together these individual parts is an emphasis on principles of positive psychology.

Pbk | 256pp | 9788323343943 | 2018.08
Jagiellonian University Press | A$89 | NZ$104
235x158mm | USA

Social Empathy: The Art of Understanding Others

ELIZABETH SEGAL

In Social Empathy, Elizabeth A. Segal explains how we can develop our ability to understand one another and have compassion toward different social groups. When we are socially empathic, we not only imagine what it is like to be another person, but we consider their social, economic, and political circumstances and what shaped them. Segal explains the evolutionary and learned components of interpersonal and social empathy, including neurobiological factors and the role of social structures. Ultimately, empathy is not only a part of interpersonal relations: it is fundamental to interactions between different social groups and can be a way to bridge diverse people and communities.

Hbk | 288pp | 9780231183574 | 2018.09
Columbia University Press | A$66 | NZ$76
229x152mm | USA

Stress, Trauma, and Decision-Making for Social Workers

CHERYL REGEHR

In this book, Cheryl Regehr explores the intersection between workplace stress, trauma exposure, and professional decision-making in social workers. She weaves together practice experience, research on the impact of stress and trauma on performance and decision-making in other high-risk professions including paramedics and police officers, and the empirical study of competence and decision-making in social work practice. Covering a wide range of research and theory, she surveys practical approaches to reducing stress and trauma exposure, mitigating their effects in social work practice, and improving decision-making. This book is critical reading for all social workers who engage in high-stakes decision-making, from those newly embarking on a career to expert practitioners.

Pbk | 320pp | 9780231180139 | 2018.09
Columbia University Press | A$66 | NZ$76
229x152mm | USA

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SOCIAL PSYCHOLOGY

The Stigma Effect: The Unintended Consequences of Mental Health Campaigns

PATRICK W CORRIGAN

Corrigan analyzes the agendas of government agencies, mental health care providers, and social service agencies that work with people with mental illness, dissecting how their best intentions can misfire. For example, a campaign to change the language around mental illness by replacing supposedly stigmatizing words with empowering ones has made little difference in how people with mental health conditions are viewed. Educational programs that frame mental illness as a brain disorder have made the general public less likely to blame people for their illnesses, but also skeptical that such conditions can be cured. Ultimately, Corrigan argues that effective strategies require leadership by those with lived experience, as their recovery stories replace ideas of incompetence and dangerousness with ones of hope and empowerment.

Pbk | 232pp | 9780231183574 | 2018.09
Columbia University Press | A$54.99 | NZ$64
229x152mm | USA

SOCIAL WORK

Stress, Trauma, and Decision-Making for Social Workers

CHERYL REGEHR

In this book, Cheryl Regehr explores the intersection between workplace stress, trauma exposure, and professional decision-making in social workers. She weaves together practice experience, research on the impact of stress and trauma on performance and decision-making in other high-risk professions including paramedics and police officers, and the empirical study of competence and decision-making in social work practice. Covering a wide range of research and theory, she surveys practical approaches to reducing stress and trauma exposure, mitigating their effects in social work practice, and improving decision-making. This book is critical reading for all social workers who engage in high-stakes decision-making, from those newly embarking on a career to expert practitioners.

Pbk | 320pp | 9780231180139 | 2018.09
Columbia University Press | A$66 | NZ$76
229x152mm | USA

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