CBT Doodling for Kids: 50 Illustrated Handouts to Help Build Confidence and Emotional Resilience in Children Aged 6–11
TANJA SHARPE

Using creative therapy techniques developed through years of working with young children, this activity book will be an invaluable resource for professionals working with children aged 6-11. Unique drawing exercises develop confidence, encourage self awareness and help open up conversations where children are struggling to verbalise their thoughts or emotions. In this interactive book, 50 illustrated, entertaining characters help children explore and process their emotions - such as Stomper who loves to dance, or the Balloon Brothers who lift away sad feelings. These tried and tested communication tools are particularly helpful for children with autism or additional needs, or children suffering from anxiety or bullying. Each illustrated character is accompanied by a fully photocopiable story page to guide discussions.

Digital Health and the Gamification of Life: How Apps Can Promote a Positive Medicalization
ANTONIO FRANCESCO MATURO AND VERONICA MORETTI

This book analyses the role of technology in the realm of health. Health apps promote medicalization and the idea that health is an individual matter, rather than a political and social one. The authors base their arguments around three theoretical frameworks. Quantification: the growing importance in our society of markers, rankings, and scores, which thanks to digital devices is fueled by the ease with which it is now possible to collect data. Gamification: a powerful trend in digital society, using playful features to transform what are seen as dull tasks into competitive and appealing ones. Gamified self-tracking seemingly increases our productivity without oppressing us with apparent self-governance. Finally, Medicalization: a growing social phenomenon of the transformation of a “normal” condition into something pathological.

Mindful Hypnotherapy: The Basics for Clinical Practice
GARY ELKINS AND NICHOLAS OLENDZKI

This is a comprehensive guide to the basics of Mindful Hypnotherapy (MH), a new modality that delivers a mindfulness-based intervention within a hypnotic context. The book encompasses everything a clinician needs to know to fully understand and apply the approach in clinical practice. The result of a collaboration between a leader in the field of hypnosis and a mindfulness meditation expert, the book elucidates step-by-step clinical strategies and provides verbatim transcripts that professionals can put to use immediately. The book explains the practical nature of mindful hypnotherapy, and provides step-by-step instruction and case vignettes that will guide practitioners in each stage of their work.

Treating Traumatic Stress in Children and Adolescents: How to Foster Resilience through Attachment, Self-Regulation, and Competency 2ed
MARGARET E BLAUSTEIN AND KRISTINE M KINNIBURGH

Tens of thousands of clinicians have used this book—now revised and expanded with 50% new material—to plan and organize effective interventions for children and adolescents who have experienced complex trauma, as well as their parents and other caregivers. The Attachment, Regulation, and Competency (ARC) framework can be used in a wide range of settings to strengthen child–caregiver relationships and support healthy development and positive functioning. Packed with case vignettes and user-friendly clinical tools, the volume identifies key treatment goals and provides flexible intervention strategies and skills.
ALTERNATIVE MEDICINE

Acupuncture Strategies for Complex Patients: From Consultation to Treatment

SKYA ABBATE

Written by an experienced acupuncturist and educator, this advanced textbook provides strategies which support the foundational energy of a person, including their qi, blood, yin, yang and essence. The book takes an integrative approach, providing insightful recommendations relating to diagnosis and the construction of treatment plans. It shows how needling strategies are connected to rules of point selection, the point classification system, and nourishing the foundational energies of patients. Techniques such as bloodletting, gua sha and the eight extraordinary meridians are covered, and the book is supported by clear illustrations, chapter summary charts and template patient handouts.

Evidence-based Clinical Chinese Medicine - Volume 11: Acne Vulgaris

CHUANJIAN LU AND CHARLIE CHANGLI XUE

The eleventh volume in the Evidence-based Clinical Chinese Medicine series is a must read for Chinese medicine practitioners interested in dermatology. Using a ‘whole evidence’ approach, this book aims to provide an analysis of the management of acne vulgaris with Chinese and integrative medicine. This book describes the understanding and management of acne vulgaris with conventional medicine and Chinese medicine. Chinese medicine treatments used in past eras are analysed through data mining of classical Chinese medicine books. Several treatments are identified that are still used in contemporary clinical practice.

Extraordinary Chinese Medicine: The Extraordinary Vessels, Extraordinary Organs, and the Art of Being Human

THOMAS RICHARDSON

Exploring the relationship between the eight extraordinary vessels, and the zangfu and extraordinary organs, this ground-breaking book provides a new way of looking at the deep connection between the flow of qi through the primary channels, the placement of the confluence points of the extraordinary vessels along the primary channel system, and Daoist conceptions of the evolution of consciousness. He emphasizes the importance of the dai mai channel in integration.

This book will enlarge the perspective of Chinese medicine practitioners, and martial artists, and prompt new approaches to treatment.

CLINICAL PSYCHOLOGY

Attention-Deficit Hyperactivity Disorder: A Handbook for Diagnosis and Treatment 4ed

RUSSELL A BARKLEY

Widely regarded as the standard clinical reference, this volume provides the best current knowledge about attention-deficit/hyperactivity disorder (ADHD) in children, adolescents, and adults. The field’s leading authorities address all aspects of assessment, diagnosis, and treatment, including psychological therapies and pharmacotherapy. Core components of ADHD are elucidated. The volume explores the impact of the disorder across a wide range of functional domains—behavior, learning, psychological adjustment, school and vocational outcomes, and health. All chapters conclude with user-friendly Key Clinical Points.

Defining Autism: A Guide to Brain, Biology, and Behavior

EMILY L CASANOVA AND MANUEL F CASANOVA

Offering a summary of the current state of knowledge in autism research, Defining Autism looks at the different genetic, neurological and environmental causes of, and contributory factors to, autism. It takes a wide-ranging view of developmental and genetic factors, and considers autism’s relationship with other conditions such as epilepsy. Shedding light on the vast number of autism-related syndromes which are all too often denied adequate attention, it shows how, whilst autism refers to a single syndrome, it can be understood as many different conditions, with the common factors being biological, rather than behavioral. 38 black and white figures and 1 table.

ASD

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“An impressive work bringing together many of the most prominent investigators of the etiology, assessment, and treatment of ADHD. The coverage is comprehensive, reflecting the voluminous literature on ADHD that, despite its size, remains characterized by unanswered questions. There is an important blend of theoretical update, review of evidence, and pragmatic application of findings. Updates from the prior edition are clearly identified and numerous; the book’s format facilitates quick reference and application by busy professionals. Particularly intriguing and important is the diversity of viewpoints reflected across the chapters—the volume does not shy away from such diversity, but rather embraces it.” — Brooke S. G. Molina, PhD, Department of Psychiatry, University of Pittsburgh School of Medicine

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Handbook of Infant Mental Health 4ed
CHARLES H ZEANAH

The definitive reference in the field—now significantly revised with 75% new material—this volume examines typical and atypical development from birth to the preschool years and identifies what works in helping children and families at risk. Foremost experts explore neurobiological, family, and sociocultural factors in infant mental health, with a major focus on primary caregiving relationships. Risk factors for developmental problems are analyzed, and current information on disorders and disabilities of early childhood is presented. The volume showcases evidence-based approaches to assessment and intervention and describes applications in mental health, primary care, child care, and child welfare settings.

Phone Coaching in Dialectical Behavior Therapy
ALEXANDER L CHAPMAN

This is the first comprehensive guide to phone coaching in dialectical behavior therapy (DBT)—an integral part of treatment that many clinicians find challenging. What are the principles and goals of phone coaching? What limits should be set? How can a therapist manage suicide risk during a brief call? DBT expert Alexander Chapman addresses these and other critical practical questions in this accessible book. He provides guidelines for coaching core DBT distress tolerance and emotion regulation skills; coaching “doses and don’ts”; and tips for structuring each call’s beginning, middle, and end. Featuring many concrete examples, strategies, and model dialogues, the book includes a key chapter on suicide crisis calls.

Health Psychology Consultation in the Inpatient Medical Setting
SUSAN M LABOTT

Anxiety, depression, and difficulty adjusting to medical conditions are just a few of the factors that can complicate recovery for hospitalized patients. This book describes how health psychologists, working with the medical team as consultants, can help determine the causes of such symptoms and provide appropriate treatment and actionable input for doctors, nurses, psychiatrists, social workers, and others. This book is a guide to health psychology trainees and seasoned clinical psychologists who wish to expand their practice into consulting. Using examples modeled after actual medical notes, readers will learn to review and understand patient medical records, build rapport with patients, and have frank discussions of the complicated issues that can arise during patient interviews.

Improving the Psychological Wellbeing of Children and Young People: Effective Prevention and Early Intervention Across Health, Education and Social Care
JULIA FAULCONBRIDGE, KATIE HUNT AND AMANDA LAFFAN

Written for professionals spanning children’s services, this must-read guide provides an authoritative overview of what shapes the psychological wellbeing of children and young people—from perinatal care and adverse childhood experiences (ACEs) through to their socioeconomic circumstances, schools and the wider community. Contributors provide a concise overview of the evidence base, identifying current barriers to good mental health in policy and service provision, and highlighting examples of initiatives proven to be successful. Examples are drawn from from health, social care, youth justice and education settings with a focus on preventative and early intervention measures.

Sexuality in Adolescence and Emerging Adulthood
RAYMOND MONTEMAYOR

Written in an engaging question-and-answer format, this accessible text synthesizes contemporary empirical research to provide a panoramic view of adolescent sexual development and behavior. The book examines sexuality as part of normative growth and development, in addition to addressing traditional problem areas such as sexual risk taking. Candid personal stories bring the theory and research to life. Topics include the precursors of adolescent sexuality in childhood; biological aspects of adolescent sexuality, including puberty and the adolescent brain; the influences of parents, peers, and the media; and gender and racial/ethnic differences in attitudes and behavior. Coverage also encompasses romantic relationships; the experiences of sexual- and gender-minority youth; sexually transmitted infections; contraception, pregnancy, and teen parenthood; cross-cultural and international research; and approaches to sex education.

“This clearly written, well-organized book summarizes what we currently know about adolescent sexuality. Most of the cited research is recent, which is important in a research area that is so sensitive to changing times and social mores. The author is very good at making sense of a complicated field and presenting complex findings in an understandable manner. I like the coverage of the material and the mainstreaming of LGBT issues.” — Terri D. Fisher, PhD, Professor Emeritus of Psychology, The Ohio State University at Mansfield; Visiting Professor of Psychology, University of the South
A Mathematical Modeling Approach To Infectious Diseases: Cross Diffusion PDE Models For Epidemiology

WILLIAM E SCHIESSER

The intent of this book is to provide a methodology for the analysis of infectious diseases by computer-based mathematical models. The approach is based on ordinary differential equations (ODEs) that provide time variation of the model dependent variables and partial differential equations (PDEs) that provide time and spatial (spatiotemporal) variations of the model dependent variables.

The numerical methods for the computer implementation of ODE/PDE models for infectious diseases are illustrated with documented R routines for particular applications, including models for malaria and the Zika virus. The R routines are available from a download so that the reader can reproduce the reported solutions, then extend the applications through computer experimentation, including the addition of postulated effects and associated equations, and the implementation of alternative models of interest.

Music Therapy Assessment: Theory, Research & Application

STINE LINDAHL JACOBSEN, ERIC G WALDON AND GUSTAVO GATTINO

As the use of music therapy becomes more widespread so too does the need for detailed assessment. Standardised assessment tools, and knowledge of how to integrate assessment into clinical practice, are needed for teaching, research and clinical purposes all around the world.

Based on the findings of members of the International Music Therapy Assessment Consortium (IMTAC), this comprehensive anthology collects the latest research and clinical practice methods about music therapy assessment. Looking at the available assessment tools holistically, the book covers the major assessment models currently used in clinical practice, and details each model's setting and motivation, development, theoretical background, and how to implement it in a clinical setting.

Teen Mental Health in an Online World: Supporting Young People around their Use of Social Media, Apps, Gaming, Texting and the Rest

VICTORIA BETTON AND JAMES WOOLLARD

This essential book shows practitioners how they can engage with teens' online lives to support their mental health. Drawing on interviews with young people it discusses how adults can have open and inquiring conversations with teens about both the positive and negative aspects of their use of online spaces. For most young people there is no longer a barrier between their 'real' and 'online' lives. This book reviews the latest research around this topic to investigate how those working with teenagers can use their insights into digital technologies to promote wellbeing in young people. It draws extensively on interviews with young people aged 12-16 throughout, who share their views about social media and reveal their online habits.

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Tuning In Music Book: Sixty-Four Songs for Children with Complex Needs and Visual Impairment to Promote Language, Social Interaction and Wider Development

ADAM OCKELFORD

Containing sixty-four songs designed to promote language, social and musical development, this book accompanies the Tuning In Cards so you can perform the songs and integrate the activities into your own practice. When paired with the Tuning In Cards, it will offer an innovative way of developing communication in children with profound disabilities, visual impairment, or autism. These songs have been developed following ground-breaking research, and a helpful introduction by the composer describes how to adapt the songs and activities to the appropriate developmental level.

Tuning In Cards: Activities in Music and Sound for Children with Complex Needs and Visual Impairment to Foster Learning, Communication and Wellbeing

ADAM OCKELFORD

Kit

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NEUROLOGY

Atlas of Artifacts in Clinical Neurophysiology
WILLIAM TATUM

This atlas serves as a comprehensive working reference for a wide range of clinicians practicing in the field of clinical neurophysiology, including adult and pediatric neurologists, epileptologists, neurocritical care specialists, and electrophysiologic technologists. Covering EEG, EMG, MEG, evoked potentials, sleep and autonomic studies, EP, and intraoperative monitoring techniques, expert authors share examples of common and novel artifacts and highlight signature features to help practitioners recognize patterns and make accurate distinctions. This visual compendium of information in atlas format addresses the artifact in all areas of clinical neurophysiology and highlights the traps and pitfalls that can taint studies and lead to misdiagnosis if not properly identified.

Hbk  |  300pp  |  9780826169341  |  2018.10
Demos Medical  |  A$210  |  NZ$249
216x279mm  |  USA

NURSING

Fast Facts About Neurocritical Care: What Nurse Practitioners and Physician Assistants Need to Know
DIANE C MCLAUGHLIN

This pocket-sized guide distills complicated neurologic conditions to deliver the essentials of best care for the neurocritical patient. Often missing from acute care courses, neurocritical care is a growing field, with more patients than ever admitted to the ICU for neurocritical conditions. This specialty requires specificity and precision, but as this practical resource demonstrates, the intricacies of neurocritical care should not be an immeasurable obstacle for any APP. Written in the easy-access style for APPs, Fast Facts About Neurocritical Care covers the defining characteristics, clinical presentation, diagnostics, treatment, and nursing considerations of common neurologic disorders seen in acute care settings. Chapters review the assessment and diagnosis of common and not-so-common neurologic conditions that can often be difficult to recognize and manage. Replete with illustrations and clinical pearls, this reference is an invaluable resource for orientation into this often-challenging specialty.

Pbk  |  225pp  |  9780826188199  |  2018.10
Springer Publishing Company
A$49.99  |  NZ$58.99  |  USA

ONCOLOGY

Stereotactic Radiosurgery and Stereotactic Body Radiation Therapy
DWIGHT E HERON, M SAIFUL HUQ AND JOSEPH M HERMAN

Stereotactic Radiosurgery and Stereotactic Body Radiation Therapy (SBRT) is a comprehensive guide for the practicing physician and medical physicist in the management of complex intracranial and extracranial disease. It is a state-of-the-science book presenting the scientific principles, clinical background and procedures, treatment planning, and treatment delivery of SRS and SBRT for the treatment of tumors throughout the body. This unique textbook is enhanced with supplemental video tutorials inclusive to the resource. International experts on the science and clinical applications of these treatments have joined together to assemble this must-have book for clinicians, physicists, and other radiation therapy practitioners. It provides a team-based approach to SRS and SBRT coupled with case-based video tutorials in disease management, making this a unique companion for the busy radiosurgical team.

Hbk  |  600pp  |  9780826168566  |  2018.09
Demos Medical  |  A$250  |  NZ$300
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Planning: How to Build Optimal Plans that Achieve Clinical Requirements
PING XIA, ANDREW GODLEY, CHIRAG SHAH AND JOHN SUH

Strategies for Radiation Therapy Treatment Planning provides radiation oncologists, physicists, and dosimetrist with a step-by-step guide to implementing external beam treatment plans that meet clinical requirements for each major disease site. As a companion book to the Handbook of Treatment Planning in Radiation Oncology 2nd Edition, this book focuses on the technical aspects of treatment planning and the major challenges in creating highly conformal dose distributions, referenced to as treatment plans, for external beam radiotherapy. To overcome challenges associated with each step, leading experts at the Cleveland Clinic have consolidated their knowledge and experience of treatment planning techniques, potential pitfalls, and other difficulties to develop quality plans across the gamut of clinical scenarios in radiation therapy.

PLAY THERAPY

Turning Points in Play Therapy and the Emergence of Self: Applications of the Play Therapy Dimensions Model
LORRl YASENIK AND KEN GARDNER

Effective clinical practice requires a thorough understanding of how turning points surface in the play therapy process. These moments can indicate a change in a child’s thought or behaviour. The play therapist is the facilitator of these moments and this book will provide guidance on how they can promote these moments.

This edited collection demonstrates successful implementation of the author’s proven Play Therapy Dimensions Model. Each chapter uses this framework, as well as other theories, to discuss the markers that can reflect shifts and growth in a child’s development.

PROFESSIONAL SKILLS

Supervision and Mentoring in Healthcare 4ed
NEIL GOPEE

This bestselling book introduces the theories, evidence and research that define supervision, mentoring, learning and student assessment in healthcare today. It combines an evidence-based approach that supports critical analysis with a sharp focus on how to provide effective supervision in everyday practice. Interprofessional in its scope, it is essential reading for anyone taking on a supervisory, mentoring role across nursing, midwifery, social care and the allied health professions.

Assessing and Treating Youth Exposed to Traumatic Stress
VICTOR G CARRION

Assessing and Treating Youth Exposed to Traumatic Stress is a cogent, caring, and comprehensive response to the reality that many children live lives of constant threat, fear, and confusion while lacking opportunities for positive social interactions, stimulation, and empowerment. Although the book is written for mental health clinicians, teachers and others who support traumatized youth will find this book an essential addition to their professional libraries. Identifying these children is the first step, and the importance of careful assessment through use of the clinical interview -- in both individual and group settings -- is emphasized. In addition, the population with posttraumatic stress disorder (PTSD) is highly diverse in terms of presentation and target symptoms, and the book explores differences in type, duration, and accumulation of trauma; age of insult; stress vulnerability; family history; and other individual factors.

Clinical Manual for Assessment and Treatment of Suicidal Patients 2ed
JOHN A CHILES, KIRK D STROSAHL AND LAURA WEISS ROBERTS

Since the first edition of Clinical Manual for Assessment and Treatment of Suicidal Patients was published in 2005, advances have been made that increase our understanding of suicidal and self-destructive behavior. Although clinicians cannot unerringly predict which patients will die by suicide, they can focus more successfully on early identification of suicidal behavior and effective intervention, and this new edition of the clinical manual thoroughly explores not only assessment of suicidality but what comes after an at-risk patient has been identified. The authors argue that treating specific psychiatric disorders is not enough to prevent suicide, and they offer clinicians the necessary information and strategies to bridge that gap.
A General Theory of Behaviour

DAVID F MARKS

Psychologists like to claim that Psychology is a science, yet, until now, the discipline has lacked any real scientific laws, has had no overarching scientific paradigm and has been blighted by poor replicability of research, all of which have dogged the discipline. Attempts to place Psychology under a single scientific umbrella, e.g. Behaviourism, Cognitivism, Biological Science, Social Science or Human Science, have all failed for a host of reasons.

This unique book presents a single paradigm for all of Psychology within a framework of Natural Science. For example, it employs as a model an organising principle known in another scientific discipline for over a century, e.g. Behaviourism, Cognitivism, Biological Science, Social Science or Human Science, have all failed for a host of reasons.

Sage Swifts. Discount on this title is 33%.
SOCIAL PSYCHOLOGY

Handbook of Cultural Psychology 2ed
DOV COHEN AND SHINOBU KITAYAMA

Now completely revised, this handbook offers the authoritative presentation of theories, methods, and applications in the dynamic field of cultural psychology. Leading authorities review state-of-the-art empirical research on how culture affects nearly every aspect of human functioning. The volume examines how topics fundamental to psychology—such as cognition, emotion, motivation, development, and mental health—are influenced by cultural meanings and practices. It also addresses the psychological and evolutionary underpinnings of cultural stability and change. The second edition reflects important advances in cultural neuroscience and an increasing emphasis on application, among many other changes.

“The second edition of this extraordinary handbook—which is almost all new—once again captures the most important and fascinating topics in cultural psychology. It brings the reader up to date on exciting developments in the field, including applications to health, economic behavior, and beyond.” — Carol S. Dweck, PhD, Lewis and Virginia Eaton Professor of Psychology, Stanford University

Hbk | 922pp | 9781462536238 | 2018.10
The Guilford Press | AS204 | NZ$240
254x178mm | USA

SOCIAL WORK

Putting Professional Leadership into Practice in Social Work
PETER SCOURFIELD

The ability to demonstrate professional leadership is a core requirement for social work students and social workers operating at all levels. This comprehensive textbook is ideal for any student on a social work course, from undergraduate to postgraduate study, and will go onto serve as a useful reference for more experienced social work professionals. This book engages in the essential discussion of what professional leadership means in the context of contemporary social work and why this is considered to be important for the future of the profession. Each chapter contains illustrative case studies, a range of interactive activities, a summary of key points and suggestions for further reading that enable students and qualified social workers to understand the knowledge, skills and attributes required in practicing professional leadership in real life contexts.

Transforming Social Work Practice Series.

Discount on this title is 33%.
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246x171mm | UK

The Simple Guide to Understanding Shame in Children: What It Is and How to Help
BETSY DE THIERRY

The perfect starting point for any adult or carer working with children who have experienced shame, this guide provides straightforward answers and explanations to both common and complex questions. At a time when children are more likely than ever to experience shame, the accessible advice in this book helps adults to boost children’s self-esteem. Betsy de Thierry navigates the need to understand its impact and the reasons behind it, as well as how to reduce its hold on self-confidence. Reassuring advice will also help revitalize adults’ abilities to face the challenges of supporting children affected by shame. It will teach them how to restore self-esteem.

“de Thierry manages to write a short guide about shame, a challenging task but one very well executed. If you’re looking to understand shame, how it seeps into our being from a very young age and how ‘toxic shame can be like a poison in our subconscious’, then this guide is for you. For parents, educators, therapists and social workers, this guide is an essential starting point pulling together all the latest knowledge, research and experience.” — Lisa Cherry, BA (Hons) Sociology, ITEC Dip HM, S.A.C. Dip., Life Coaching and Counselling, Reiki Master

Pbk | 128pp | 9781785925054 | 2018.10
197x130mm | UK

Free delivery for orders over $120 net. Full sale or return on all our titles (for 3-12 months).
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